

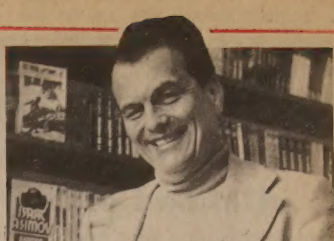
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writer  
wins a  
new prize  
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# TIMES JOURNAL

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VOLUME 4 ★

ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, APRIL 13, 1983

★ NO. 28

## Ganong wins second term McManus named vice-mayor

By JUDY POLUMBAUM  
ALBANY — A 3-2 vote of the Albany City Council Monday has elected Ruth Ganong mayor for a second year, and the configuration of votes made Edward McManus vice-mayor.

Ganong and McManus voted for themselves and each other, with Robert Nichols giving them the necessary majority. William Johns and Henry Kruse cast the two dissenting votes.

Kruse had nominated Johns for mayor, saying Johns was a senior member of the council who "has demonstrated abilities which need not be recounted here."

When that bid failed, Kruse had nominated Johns for vice-mayor, a post Johns held for the past half-century.

The first nomination at the coun-

cil's annual "reorganization" session came from Nichols, who suggested the mayor's post should be filled on a rotating basis and nominated McManus.

McManus declined and nominated Ganong, saying he favored a two-term mayor.

Ganong, who in past years on the council supported the idea of a rotating mayor, was clearly pleased at her re-election. After the meeting, she said the experience of being mayor for a year had made her consider a two-year tenure desirable.

"There are so many things I want to finish that I've started," she said.

In other business Monday, the City Council:

• Renewed an agreement to provide dispatch and communication services to the Kensington Police Department for another four years.

(Continued on Page 2)

## Needy need no cards for cheese

By GORDON RADDUE  
Needy West Contra Costa County residents will be able to receive government surplus cheese and butter Thursday and Saturday even if they haven't received one of the identification cards prepared for the massive giveaway.

A plan to mail the ID cards to residents has been abandoned, said Richmond city administrative assistant Levern Bryant, who is directing the effort in conjunction with the Interdenominational Ministerial Alliance of Richmond and Bay Cities.

Instead, he said, neighborhood councils are hand-delivering cards to homes in their respective vicinities.

"We were afraid the mailing would be late and miss too many households," said Bryant. "The neighborhood councils are doing an excellent job of distributing the cards and helping people to the proper distribution sites."

Bryant said proof of residency is all that will be required to receive the

five pounds of cheese and three pounds of butter to be distributed to each person. He added, however, that people who go far outside their residential area to receive food may be questioned.

"There will be plenty of cheese and butter at each site," he said, and whenever it runs out, we'll be able to get more there in a hurry.

The food, totalling 500,000 pounds of processed cheese and 269,000 pounds of butter, will be distributed from 9 a.m. to 5 p.m. on each of the two days at 53 West County sites and one in Martinez. In theory, some 100,000 people will receive the food. The 1980 census showed 180,000 West County residents.

The Rev. J.L. Johnson, president of the Alliance, said that if the distribution is carried out efficiently, there is a good chance the program can continue at regular intervals, with such items as powdered milk, rice and cornmeal perhaps to be included in future giveaways.

For more information, call the Interdenominational Ministerial Alliance at 236-5447.

## The love story of a goddess



Mary Mackey

Times Journal photo by Michael Russell

### Mary Mackey's new book tells an old story

By ROBERTA ALEXANDER

THOUSAND OAKS — Novelist Mary Mackey tried to envision a world in which all men were not aggressive and all women were not domestic.

The result is the just-released "The Last Warrior Queen," set 5,000 years ago in Mesopotamia, and dealing, the author says, with "the psychology of love."

"It was a challenge for me to create a society where women had easy assertive power," Mackey said. "But I didn't simply want role reversals. I was looking for the human element that transcends gender."

Mackey's universe is not a utopia. "It is a society with real problems. For example, the city has a serious spiritual split," she said.

Mackey, who is in her late 30s, is a professor of English and writer-in-residence at California State University in Sacramento. She did a great deal of research as background for "Warrior Queen."

"Part of my research was to live on a rural commune, to understand what it was like to withdraw from modern society," she said.

She said her chosen time was a difficult one to research because it preceded the development of writing. So in the absence of direct evidence, she studied both mythology and accounts written by later cultures.

"I tried to figure out the stories that were behind the myths. Much of the story is based on the ancient poems of the Sumerians," she said.

She read accounts of archaeological digs, looked at artifacts, studied the weather, the ecology and the goddess religion. The book's main character, Inanna, is a healer, and Mackey — who calls the study of herbs one of her hobbies — was able to draw on her own experience of herbal medicine.

But although Mackey researched the past in order to give her novel an authentic flavor, she maintains that human nature has not changed much in 5,000 years. In a sense, her book has a very contemporary subject:

"It's about a woman trying to balance love and work. Living is a question of learning what are the results of one's choices."

"Warrior Queen" is set during a period in which there

(Continued on Page 3)

## Bianco blasts BART airport plan

By NORMAN COLBY

WITH Nello Bianco a minority of one, a 1979 state law is all that seems to stand between West Contra Costa County BART extension plans and a bureaucratic trash can.

BART Director Bianco and State Senator Dan Boatwright warned reporters Friday that the transit board

majority and strong peninsula interests favor extension of the rails to the San Francisco airport — at Contra Costa County's expense.

Holding a press conference at the Concord BART station turnstiles, the two men vowed to fight to maintain a "moral and legal responsibility" to give east Contra Costa including Antioch top priority for future funding of BART extensions.

The BART board on Thursday referred to Bianco's engineering committee a proposal by San Mateo County to run BART lines to the airport.

San Mateo County had refused to join the BART district and pay taxes in 1962 when the district was formed. It has been been served, nevertheless, by a large Daly City BART station placed within San Mateo County borders.

Before the press conference, Bianco declared that the airport connection would destroy hopes for extending BART routes from the existing Richmond and El Cerrito stations

further into the West County, due to lack of finances.

"They will never build out here if that happens," he said, referring to the airport plan.

Boatwright told reporters that the "moral responsibility" to first extend the rails into east Contra Costa County including Antioch is based upon the promise made to taxpayers when they voted for the district and taxes 20 years ago.

Plans shown to the voters included east county routes, he said.

The moral was turned into a "legal responsibility" by his bill, Boatwright said.

(Continued on Page 2)

## Portuguese pioneers...

The Machados, one of Albany's pioneer families, are shown here in front of their home at 1145 Garfield Ave. in about 1905. This is one of many pictures in the 1983 calendar published by the Albany Historical Society and the Albany Community News.

Second from right is Rose Machado Barbagelata, an grandmother of Tom Adame, an Albany dentist who lived in the same house as a child.

Adame's wife Susan operates Adame Ceramics Studio at 1251 Solano Ave. She said the Machados, who originally lived in Oakland, used to go to Albany — which was "out in the country" in those days — to build their house.



Photo courtesy of Albany Historical History

## Solar heater for Albany pool?

By ARLENE EAGAN

ALBANY — If it proves cost-effective, the Albany Unified School District may install a solar hot water heating system at the Albany pool.

District business manager John Fike said the district is beginning to request bids from contractors. Bids are due May 2 at 10 a.m. in the district office on Talbot Avenue. The district also will consider proposals for other systems that recover heat and save energy.

"It wasn't any one person's idea," Fike said. "It was a combined effort of all of us to conserve energy and save dollars."

The district will install a solar heating system only if it produces energy at a lower cost than the present

system. (The pool and the adjacent showers are currently heated by a natural gas boiler.) The board of education will consider estimated energy cost savings for a five-year period.

The solar heating system would be owned and maintained by the contractor, but the district eventually could purchase the system. The contractor must finance the project so there will be no initial cost to the district.

One possible arrangement is the formation of a "micro-utility company" which would allow the contractor to sell the energy generated by the system to the district at a price which both parties have agreed upon. The district now purchases energy from

(Continued on Page 2)



# Coming up

## Women poets speak at Mills College

Poets Jeredith Merrin, Karen Randle, Paula Rath, and Judith Serin will read from their work at a California Women Writers program Wednesday, May 4, at Mills College.

Merrin is a Ph.D. student at UC-Berkeley. Her poetry was recently published in Poetry Northwest and Ploughshares. In 1981, Randle received a Merit Award from the Alaska State Commission on the Arts for her poem, "An Old Woman and the Ice Cave." In addition, a recent critical essay was published in Poetry Flash.

Rath has a special interest in what she terms "the fine line between poetry and prose" and increasingly incorpo-

rates some elements of prose in her work. Her work has been published in the Southwest Review and Primavera.

Swerin, who teaches writing at Albany Adult School, is the author of short stories and theatre pieces, as well as poetry which has been published in anthologies, including Contemporary Women Poets, and numerous periodicals.

All California Women Writers programs are free and open to the public. They take place in the library's Bender Room at 4 p.m. For further information, contact program coordinator Diana O'Hehir at 430-2208.

Mills College is located at 5000 MacArthur Boulevard in Oakland, at the junction of highways 13 and 580.

## TIMES JOURNAL

(A consolidation of The El Cerrito Journal and Albany Times)

Established October 3, 1979

PUBLISHED EVERY WEDNESDAY AND SUNDAY

At Albany, Alameda County and El Cerrito, Contra Costa County, California

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# Bianco: airport rail plan would hurt Contra Costa

(Continued from Page 1)

added. He recalled that the law was adopted by the state legislature in 1979 over heavy opposition by influential peninsula politicians.

"If I can get a bill passed, I can stop a bill," Boatwright said of a prediction made Thursday by BART Director Barc Simpson of Walnut Creek that San Mateo County and its supporters can muster the votes to get a new bill to nullify the Boatwright law.

Boatwright, of Concord, suggested that Simpson "... should take a third-grade reader's course. Then he may understand my bill."

The bill, he said, makes it a legal requirement that all district funds must be expended first for service commitments made when the district was formed.

These include Antioch, Pittsburg, Livermore, Fremont and other areas within the three counties — Contra Costa, San Francisco and Alameda — that formed the district and have been paying property taxes to it since that time.

The West County extension plan was developed years after the original plans, and is not protected by the Boatwright bill. But the law seeks to prevent diversion of future financing to San Mateo that Bianco believes would squeeze out all future West County money.

Boatwright predicted that if the BART board ever decides to pass a resolution to spend money for San Mateo County, a lawsuit will be filed to prevent it.

"Any judge can read my bill and will have to implement it," he said. This was similar to Bianco's threat

last week to file a lawsuit. It was made during an angry exchange of comments at a meeting April 5 of the BART engineering committee which Bianco heads.

Bianco said he has apparently been able to prevent the creation of a separate task force to study the San Mateo proposal. "They were trying to bypass my engineering committee," he said.

The studies will be handled by the committee that includes himself and BART directors John Glenn of Fremont and Eugene Garfinkle of San Francisco. The other two men favor the airport connection, according to Bianco.

"I am the only district director who today is opposed," he added. Boatwright and Bianco emphasized that they have no objections to the annexation of San Mateo County into the BART district just as long as the outsiders "buy in."

This means San Mateo County would pay the matching costs of BART construction within its borders and shoulder the current tax burden as well.

"As it stands, San Mateo County wants a free ride at the expense of taxpayers in the three counties," Boatwright said.

He added that the wording of his bill preventing use of district funds for projects outside the three counties is important because 20-percent matching funds are required for each federal grant.

Boatwright stated that there is no chance that the matching fund requirement will be waived.

The matching fund rule would involve many millions of district dol-

lars. Recent studies indicate that west county extension would be for \$165 million, depending upon the chosen, the length of the construction plans.

Other costs recently estimated include \$1.5 billion (not including east county extension to San Mateo) for the San Mateo extension.

Boatwright said he is "opposed" by director Simpson favoring San Mateo. Simpson said Thursday that he believes there be enough grant money for construction, allowing him to work with the other directors.

Bianco replied Friday that certain that competition in areas such as New York and New Jersey will limit federal funds to a "sum" allocation to the BART. This would be insufficient for BART extensions, he added.

The Richmond director said "Not long ago, Mr. Simpson against funding right-of-way extensions to Antioch and Pittsburg though he is supposed to be sending Contra Costa County directors not of this county the funds."

Bianco replied to argue that San Mateo BART line would profit whereas other parts of transit system do not.

He said, "The studies show San Mateo line would not be able, but would not lose money as others. The studies show that an east county extension would make more money than it takes to operate."

## Albany firefighters had a busy year

ALBANY — Albany firefighters responded to 34 building fires, 28 vehicle fires and 39 brush, rubbish and other types of blazes last year, according to the Albany Fire Department's annual report for 1982.

The building fires produced a total of \$631,000 in damages — most accounted for by a laboratory fire in the

U.S. Department of Agriculture research complex which destroyed nearly \$500,000 in scientific equipment. Loss in the vehicle fires amounted to \$11,430.

The department responded to a total of 1,008 emergency calls last year, more than two-thirds of them medical. Nearly 200 of the calls were for "miscellaneous emergencies," in-

cluding fuel spills, odor investigations, flooding, lock-ins.

The department's 67th runs last year included 30 as "trauma," 209 medical, 250 as "code blue" (vital signs suggest drug overdoses, 17 dead-end and 15 alcohol-related).

The annual report notes the Fire Department has 21 men and one woman, whose average age

## GANONG

(Continued from Page 1)

The Albany Police Department has provided such services to Kensington for the past two years, in exchange for payments from the Kensington Community Services District which cover most of the cost of an extra dispatcher. Under the new contract, Kensington will pay \$1,585 per month during 1983-84 and \$1,670 per month during 1984-5.

Instructed city staff to draw up a letter to state representatives opposing a bill now before the state legislature which would allow a state agency

to determine the number of housing units cities should provide. The bill, AB 1599, would allow the state to withhold gas tax reimbursements from cities that failed to comply with the standards. The League of California Cities objects to the proposal as an infringement on local powers. Housing standards for this area are now set by an association of local governments.

Passed the second reading of an ordinance raising the Golden Gate Fields admissions tax from 45 to 65 cents.

## SOLAR

(Continued from Page 1)

Pacific Gas and Electric Co. the district used less energy in the pool in 1981-82 than the year; however, costs were high to energy rate increases.

The district has already measures to conserve energy pool by reducing the temperature the pool and turning off the boiler when it is not needed.

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## Books

## Creating the world of an ancient warrior queen

(Continued from Page 1)

shift in human society. Writing was just about to be created. The book's city, the City of the Dove, is Mackey's creation, but is based what was probably a real city, which later became Babylon. It is woman-centered, but men and women are valued.

"This is a society that is falling both from within and without," Mackey said, explaining that the internal schisms are vulnerable to assaults from the nomadic tribes. She compared it to the Incas, who were conquered by a very Spanish force because they were torn by civil war. The spiritual conflict in the City of the Dove is based on the split between the people who worship the goddess of light and those who worship the goddess of the dark. By the time the story in the book is told, this split is hardening into enmity.

"It's important for the human psyche to have a balance," the author explained. "You need to face the dark because otherwise it will get you. This was originally a religion that was not surprised by irrationality." Before the schism, Mackey said, the goddess' dark side was not viewed as evil. The dark side, like winter, was just a part of the cycle. Both sides were necessary.

Mackey, who spent many months in the Amazon over the course of a number of years, learned to question her cultural assumptions.

Sometimes cultures that we call primitive have incredible perceptions," she said. "Some societies don't look at us as so many board feet of lumber, but give each tree a name."

Our culture has a tendency to dominate, or ignore, she said, and so we don't see its power. In the City of the Dove, the characters are at the mercy of the elements — there is both drought and plague — and are on intimate terms with nature.

The natural events become, in effect, objective correlates of the characters' states of mind; in fact, Mackey said the book could be described as "a meteorological tragedy."

A native of Indianapolis, Mackey is a descendant of William, and has seen herself as a storyteller for as long as she can remember.

"I was first paid in Tootsie Rolls. In grade school I wrote up stories and told them to people in exchange for candy," she recalled.

Now, she says, she is addicted to writing. "I've tried to stop, but after five or six days, I have an irresistible urge," she said.

When she isn't writing, teaching or commuting to Sacramento, Mackey likes to travel in her van, hike (sometimes searching for herbs), watch movies and cook.

"Writing is so delayed. It takes two or three years for a book to be finished, but cooking is immediate: you cook it, you eat it."

## Little League sets parade for 28th opener

ALBANY — The Albany Little League will hold its 28th annual opening day ceremonies and games on Saturday, April 16, beginning at the traditional parade.

Fern Luoma, a league spokesperson, said the parade will begin at Solano and Tulare avenues at 10 a.m. and proceed west on Solano to Jackson, then to the University Village baseball diamonds, where ceremonies will be held at diamond one.

Three games will be played, each beginning at 11 a.m. at three locations:

- Twins vs. Tigers at diamond one;
- Giants vs. Pirates at diamond two;
- Red Sox vs. Orioles at the Albany Middle School diamond.

Other games will be played through the day and refreshment booths will sell hot dogs and soft drinks, Luoma said.

More than 350 kids aged 8 to 18 will play this year on 23 teams, she said. More than 100 adult volunteers help make the program possible.

Albany also has a Big League for 16-17 year olds that will begin playing in May at Veterans Memorial Park.

Luoma said new sponsors this year include Adams Ceramics, CWS Discount Store, Mountain Travel and Tannahill Realty.

The league still needs more sponsors. Anyone interested may make donations to: Albany Little League, P.O. Box 6003, Albany, Calif. 94706.

## Coming up

### Peace group shows 'propaganda' film

ALBANY — "If You Love This Planet," a film issued by the National Film Board of Canada which outlines the threat of nuclear warfare and has been labeled "propaganda" by the U.S. Justice Department, will be shown at the Albany School, 1000 Santa Fe on Wednesday, April 13 at 7 p.m.

This film features Dr. Helen Caldicott, an outspoken opponent of nuclear war, and has been nominated for an Emmy Award.

Another film featuring local school children — "Coming up in the Nuclear Shadow: what the children will see" will also be shown. Refreshments and a discussion will follow the films.

### Science films will be shown at LHS

The Lawrence Hall of Science Film Series for April 30 through May 1, 7, and 8 will be shown at 11 a.m., 1 and 3 p.m.

The films are "The Function of Beauty in Nature and Admiration in Perception."

Young children's films are shown at 10:30 a.m. and 2 p.m. They are "Mole and the Lollipop," "Tender Tale of Cinderella" and "Ten the Magic Number."

For more information call 642-5132. Admission is \$2.50; students, senior citizens, \$1.50; young people \$1; children under 6 and LHS members, free.



Author Mary Mackey at home

Like many writers, she has worked at many jobs, including years of secretarial work while earning her doctorate. She's also worked on the women's page of a newspaper, been a waitress and a sound recordist, all more onerous for a writer than her current teaching and counselling of students.

"Writing looks so glamorous, but it is really very hard work. It's just that all the hard work is hidden," she said. "I sometimes think it's like having 20 jigsaw puzzles dumped out on the table, and they are all blue. And you can't even be sure that any of the puzzles are complete."

A prolific rewriter, Mackey said that some of the book's chapters were rewritten 14 or 15 times. "And some

were rewritten that many times and then went into the trash."

She said her accumulation of discarded work sometimes reached embarrassing levels. Since completing "Warrior Queen," however, she bought a word processor, which allows her to make revisions without having to use so much paper.

"I wrote my first novel in longhand, my second on a conventional typewriter, my third on an IBM correcting typewriter and now I've got the word processor," she said. "No more cutting and pasting: at least my Scotch tape bill will be way down."

## The nomads: a culture clash

He carved a small, elaborate comb out of bone and spent hours combing out her hair, losing himself in the feel of her presence. She seemed to find it amusing that he would want to touch her in this way. Sometimes he reminded her of her sister, she told him. "I think there's a woman hiding inside you, Enkidu," she said once when the two of them were eating dinner. He wasn't sure how she meant that, for it seemed among her own people only the women were gentle; yet he could sense that she felt there was something wrong with that gentleness; that it was a bit shameful to her. He'd learned her language; she'd learned his, but how little they really knew about each other. He tried to imagine what her childhood must have been like, dragged from place to place, living in a tent that was cold in the winter and hot in summer, never having quite enough to eat. And her husband, who was supposed to keep her in clothes and other necessities: look what he let her wander around in — an old wool robe that

looked as if it had been made out of a grain bag. He wondered what she would look like in a linen robe with a good pair of sandals on her feet. Dignity, that's what she'd have, and beauty too. No one could call her a savage, not even his mother, who had always disliked the nomads. Dirty, his mother had said they were, and dangerous. But when his mother saw Inanna...

"I want to take you back to the city with me in the spring," he told her one afternoon. They had been sitting together for half the day without saying a word, watching the snow fall on the lake.

"Yes," she said simply, "I'd like that." She put her arms around his neck and drew his face down close to hers. "How I love you," she told him. "I never knew what love was before I met you."

"Neither did I."

from *The Last Warrior Queen*

## Briefs

### Art show scheduled

The Oakland Art Association will exhibit paintings, drawings and graphics at the Alta Bates Community Art Gallery, located at 3001 Colby Street in Berkeley, May 6 through July 8.

The juror for this exhibit is Professor Vincent Perez of the California College of Arts and Crafts. Perez will present the Janet Langmaid Award and four honorable mentions.

The Oakland Art Association's membership includes 400 Northern California artists who work in a variety of styles. The Alta Bates Hospital's Community Art Gallery is open daily from 7 a.m. to 8 p.m. and there is no admission charge.

### Races aid cancer society

ALBANY — The 16th annual benefit "Day at the Races" for the American Cancer Society's Contra Costa Unit will be held on Friday, April 15, in the Turf Club's Terrace Room at Golden Gate Fields.

Buffet lunch will be served 11:45 a.m., with the races starting at 1 p.m.

Advance reservations at \$15.50 per person (including a \$4 donation to the Cancer Society) may be made now by calling the ACS at 525-6801 in El Cerrito.

### After-school classes set

KENSINGTON — The Kensington After School Enrichment program of classes for elementary age children still has openings.

Enrollment is open to any public or private elementary school student for the session that runs from April 4 to June 16.

The following classes still have openings: Guitar on Wednesday at 3:15, tennis on Tuesday at 3:15, newspaper writing on Monday at 3:15; learning to ride buses safely on Fridays between 2 and 4 p.m. A computer class for parent and child meets Tuesdays at 5:15 and one for teachers and parents at 2:15 on Tuesdays.

### Day Camp signup set

ALBANY — Signups are now being taken for Albany day camps to be held at Memorial and Terrace parks June 20 through Sept. 2.

Sessions run for three weeks and include swimming, cooking, athletic games, trips, arts and crafts and cook-outs. Fee \$85 per session.

Enrollment is limited. Camp hours: 9 a.m. - 4 p.m., Monday through Friday, Call 644-8514, Albany Park and Recreation Department, for information.

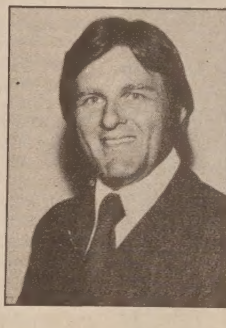
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# Around city hall

By PATRICK REEVE  
Chief of Police

**E**L CERRITO — Many citizens of the city of El Cerrito volunteer their time and talents to enhance the living environment in our city. I would like to share with you some of the information about one way in which individuals have served their community by participating in the police reserves.

The Reserve Unit presently serves as a valuable addition to the city's police staff. Its organization and functional configuration evolved from what was originally a civil defense group of auxiliary police established in 1950. It consists of a group of citizens living in and around El Cerrito. The reserve officer and the city share in the expense of his or her equipment and uniform. The organization is purely voluntary; the individual reserve officers receive no compensation from the city, and may not perform any other police-related functions outside of their services to the city of El Cerrito.

The unit is under the supervision of the director of the police reserve unit, who is a member of the regular department with the rank of lieutenant. He is assisted by the assistant director, a regular department sergeant, and the reserve coordinator, a regular department sergeant, and the reserve coordinator, a regular department patrolman.

## How the police reserves are blessing to the city

The units offices consist of a president, vice president, secretary/treasurer, two squad leaders and rangemaster who are appointed and serve at the discretion of the chief of police.

A monthly meeting of all reserves is held and reserve officers are required to maintain proficiency in many skills demanded of police patrol officers through attendance at continuing training sessions held at the Public Safety Reserve Center on Ashbury Avenue and other sites. Each reserve is required to donate a monthly minimum of 16 hours per month to the city. Many exceed this amount on a regular basis.

The reserve officer must complete a basic state-approved police reserve officer course of 80 hours under the aegis of a community college district before he or she may

enter a department field training program and accompany a regular officer on patrol. Before qualifying for the reserve basic schooling, however, the candidate must be passed by a screening interview board, undergo a background investigation, and be exposed to psychiatric stability and medical examinations.

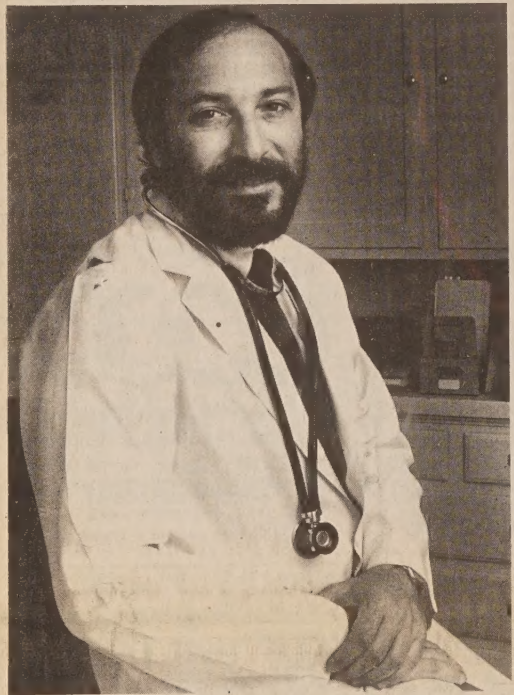
The goals of the police reserve unit are: 1. To prepare citizens to become reserve officers with the capability to handle police responsibilities during times of civil, military or natural disasters which give rise to emergency conditions. 2. To provide a trained group of citizens who can use the reserve unit as an entree into full time police work in the El Cerrito Police Department or other agencies. 3. To provide a competent cadre of officers who can replace reg-

ular officers in the city who may be detached to El Cerrito on a mutual aid basis during emergency situations. Provide assistance to regular officers when large numbers of people are in attendance at public gatherings. Provide assistance to regular officers in the routine policing of the city.

Needless to say, the citizenry of El Cerrito has a great deal to these unpaid volunteers who contribute much to the quality of life in the community. One city-sponsored dinner provides a means for our leaders, including members of the City Council, to express some degree of recognition and appreciation to these El Cerrito reserve police officers. This occasion gratifies is indicated in speeches and for achievements and accomplishments of the unit. Recent recognition has been given to reserve officers who contributed over 200 hours of volunteer service to the department over the past year. Several reserve officers who gave more than 600 hours of service.

We are indeed fortunate to be able to provide efforts of this group of local "Minutemen" who help regular police department.

## Family doctor expands to Albany



Michael A. Smith, M.D., has recently extended his Berkeley practice to a second location at 1498 Solano Ave., Albany.

Smith, who has practiced in the Bay Area for over 10 years, specializes in family/internal medicine, with emphasis on preventive health care, as well as geriatrics.

He received his medical training at Stanford University Medical School, and holds a clinical teaching position at UC Medical Center in San Francisco. He also helped found the Western Institute of Occupational and Environmental Sciences and serves on the Institute's board of directors.

He shares offices with Frank Borgino, M.D.

Times Journal photo  
by Michael Russell

## Environment

### Protest over Chevron lubricating oil plant end

By NORMAN COLBY

**F**aced with a third rejection, environmentalists say they have given up their battle against construction of a \$600 million Chevron USA lubricating oil plant in Richmond.

Citizens for a Better Environment will not sue the refinery, CBE attorney Nick Arguimbau said Monday of a last resort earlier considered by his group.

"We have limited resources, and will have to chalk this up to experience," Arguimbau said of a decision handed down by the appeal board of the Bay Area Air Quality District.

At the same time, he added, the environmental group has gained a legal point that will enable it to pursue future campaigns against other Bay Area refinery expansion plans.

In a terse statement, the board last week rejected CBE's 20-page petition seeking a rehearing and alleging that operation of the new lube plant, to be part of Chevron's big refinery in Richmond, will create more air pollution.

A use permit was issued last year by the air quality district, based upon evidence submitted by Chevron during extensive hearings.

Company spokesmen testified that overall air pollution will be reduced at the Richmond refinery when the lube plant is completed.

Although there may be more pollution on certain days or in certain areas of the refinery, these will be offset by lower pollution levels elsewhere, they said in explaining the "bubble" concept.

CBE attorneys attempted to "profile" predicted pol-

lution levels in various phases of future refinery expansion in alleging additional pollution as a result of the construction.

These objections were rejected by the appeal board when it issued a use permit.

CBE then petitioned the appeals board of the air quality district and received its second rejection after hearings were held.

At that time, P. S. Williams, the refinery's superintendent for quality and environmental affairs, commented, "The hearing board spent five months reviewing all the evidence and arrived, I believe, at the decision."

The third rejection came last week with the board's refusal to hold new hearings.

Arguimbau said, "Under the agreement between the air quality district, the hearing board's ruling on the profiling issue is not a precedent in future cases other than the Chevron plant."

"This will enable us to pursue that point with the district saying the issue itself was decided in the case," he added.

Arguimbau said CBE at present does not have a campaign against refinery expansions in mind.

"We will watch the applications filed with the air quality district and evaluate them," he said.

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### DIAMOND #2

11:00 A.M. Giants vs Pirates  
1:00 P.M. Braves vs Cards  
3:00 P.M. Dodgers vs Cubs

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1:00 P.M. Senators vs Indians

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The Little League Committee wishes to thank the Albany Merchants, Civic Clubs and individuals who, through their donations, are making it possible for more than 350 youths between the ages of 8 and 18 to play baseball on this 28th Season. The committee sincerely appreciates the cooperation and assistance of everyone who is donating their time, service and contributions.

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# Pot luck with Olga Bier

## Apples: the fruit of time



Ever since Eve did her thing with the apple, they have been around to tempt and satisfy us with their sweet juicy goodness.

The relationship of the apple to health is traceable to early literature. In ancient England, scraped apple puree was considered a cure for intestinal disorders. We still use it today with much the same idea — providing our upset tummies with soothing, digestible nourishment. New baby formulas often tolerate applesauce and apple juice as first foods after milk.

Research pinpoints the apple's origins in the mountains of northwest India, but since a trace of the fruit has been found in digs as old as 3,000 years, we know that the apple, indeed, has figured in man's development throughout history. Apple juice and hard cider (fermented juice) are beverages found and favored throughout the world.

### Apple drinks

We probably all remember the hot apple cider of fall, steaming and stirred with a cinnamon stick. But how about this for a fresh springtime drink?

### Frosted apple whip (for 3)

Combine in a blender:  
3/4 c. applesauce, lightly sweetened

1 1/2 t. rum or brandy flavoring  
3 T. sugar  
2 1/4 c. milk  
3 scoops vanilla ice cream  
6 ice cubes

Blend until frothy and serve as a snack with dark bread and cream cheese. Sounds like a great way to take a mid-afternoon break.

The kids would love this next one as an after school refresher, I'm sure.

### Apple Honey Shake

Combine, shake, and pour over ice cubes:  
2 c. chilled apple juice  
1 c. chilled orange juice  
2 T. honey  
1 t. grated orange rind

### A year-round item

Whether or not it's "apple season," growers now are using a new method to supply us with a steady market of apples.

Heretofore, fresh apples or cold storage apples have been available, but now growers are using what they term CA apples, meaning Controlled Atmosphere.

Fruits and vegetables, like people, start their aging process as soon as they appear on the tree, plant or planet. Everything has a life span, which is the process of aging, and apples are no exception. They grow to maturity on the tree and then several chemical changes take place inside them. The starches in the flesh areas change to sugar; the skin takes on the characteristic color of the mature apple. From this peak, the aging process continues and if allowed to continue naturally, the apple will pass the point of desirable eating.

The most common method of retarding the aging process is cold storage at 30 degrees F. The newer method, CA, is basically a scientific refinement of the other method.

Apples have much the same respiratory system as people do, absorbing oxygen from the air and giving off carbon dioxide. The faster this breathing process, the more quickly the fruit will deteriorate. Cold temperatures help reduce and control this rate of respiration. Lowering the amount of oxygen that surrounds the fruit also reduces its respiration rate, as does increasing the amount of carbon dioxide around the apples. CA storage does all three of these things.

Apples harvested at prime maturity are placed inside sealed rooms. Oxygen is pumped in along with inert nitrogen. The atmosphere is maintained at a desired formula, creating an artificially low respiration rate in the apple and literally puts it into a deep sleep until the doors are opened. The CA process has enabled the produce industry to ship harvest-fresh apples on a year around basis, making for a stable market and lower prices.

### Try a new recipe

If you are tired of making your good old apple pies, cakes, and crisps, here are a couple of new ideas to enjoy.

### Chilled apple-pea soup

Combine peas soup (condensed) with apple juice instead of water. Add a splash of sherry and chill. Top with whipped cream and chopped chives and enjoy a new cold appetizer soup.

### Applesauce dumplings

Mix 1 c. applesauce with 2 eggs. Beat in 2 c. flour, 2 t. baking powder, 1 t. salt, and 2 T. chopped parsley.

Drop mixture by tablespoons into simmering salted water. Cover and simmer over low heat 10 - 12 minutes or until dumplings are firm. Remove and drain and serve with swiss steak. Yummy.

### Ham rolls, apple stuffing

Saute 1 c. chopped onion in 4 T. butter or margarine. Add 1 c. applesauce.

1 1/2 c. soft bread crumbs  
Dash salt  
1 t. poultry seasoning

Spread on each of 6 slices of boiled ham and roll up jelly-roll style. Fasten with string or toothpicks. Lay side by side on baking dish.

Combine 1 c. (more) of applesauce with 1 T. mustard, 1 t. Worcestershire Sauce, and 1/2 c. catsup. Pour over rolls and bake 375 degrees for 20 minutes or so. Different and tasty.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for this column may write to her in care of the Times Journal, 1247 Solano Ave., Albany 94706. Please enclose a self-addressed, stamped envelope for reply.

## Garlic lovers, unite: the festival needs you

### Berkeley organizer loves 'stinking rose'

By PAULINE METZA

John Harris, who last year was the prime mover in staging Berkeley's first garlic festival, hopes to expand the festival this year into a community event with active participation from many people, including those from surrounding communities.

Harris is asking volunteers to join him in forming a committee to promote the festival and make decisions on several key points: the festival dates, its scope, contacting participating restaurants, setting fees for participants, finding a site for the festival, planning a kick-off party, contacting the media, and producing a poster.

Last year, said Harris, "I developed the festival virtually single-handed. I sent out literature, contacted participants, worked with the media, and produced a poster. All this was done with my own funds and the few hundred dollars I collected from sponsors."

"This year, the festival will have to be a community effort. I wish I could personally pull off the whole thing, but the pressures of my publishing business have intensified, and I am swamped."

With the garlic harvest fast approaching, plans must be made now for the festival, said Harris, who is president, publisher, and editor of Aris Books of Berkeley and founder of the Lovers of the Stinking Rose Society. The garlic season begins about June and proceeds through September.

Highlights of the festival last year were the participation of 25 restaurants that featured garlic on their menus; a showing of the film, "Garlic Is As Good as 10 Mothers;" and a buffet dinner and dance held at the Unitarian Church which was attended by about 125 garlic lovers.

Depending on the kind of support he gets in the food community and from volunteers, Harris said the festival could expand to include a recipe contest, poster contest, even getting permission from the city to close the upper part of Shattuck Avenue between Virginia and Rose, Vine, or Cedar; and booths featuring food specialties made by people who don't have restaurants in the area.

"I do feel that an annual Garlic Festival in Berkeley can be extremely enjoyable and a profitable event, enjoyable for Berkeley's food-loving community and profitable for restaurants, kitchen shops, and bookstores," said Harris, who is author of "The Book of Garlic."

"I am personally dedicated to keeping the tradition of garlic festivals alive in the East Bay," said Harris. Those who want to help him do so should call 527-1958.

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### Coming up

### Scuba diving lessons slated in El Cerrito

EL CERRITO — The El Cerrito Parks and Recreation Department will hold a spring skin and scuba diving class starting April 14.

The class is being held at the El Cerrito Community Center, 7007 Moeser Lane, on Thursdays from 7 to 10 p.m. The course consists of 12 class meetings and four ocean dives.

Costs are \$90 for residents of El Cerrito and \$100 for non-residents. This is a National YMCA Scuba Certification course and students must be 15 years of age.

The course is being taught by Dave and Steve Buller. For information call 525-6748 or 758-6246. Students should bring a notebook and pencil and a swim suit and towel to the first class meeting.

### Art auction set at Hadassah benefit

EL CERRITO — Berkeley Hadassah is having an art auction on Sunday, April 24, at the El Cerrito Community Center, 7007 Moeser Lane.

The event begins at 7 p.m. with a preview of the art and a wine-and-cheese reception. Bidding begins at 8:30 p.m.

Available for purchase will be a wide range of art, including original lithographs, etchings, woodcuts, watercolors, and oils by Picasso, Chagall, Dali, Miro, Boulangue, Toulouse Lautrec, as well as unknown young artists. All are framed and ready to hang.

Prices start at \$5; Visa and MasterCard will be accepted. A piece of art will be awarded as a door prize.

Admission donation is \$3. Proceeds from the auction benefit Hadassah's humanitarian work in education and medicine.

### Site Council eyes SIP

ALBANY — The Albany High School Site Council will hold an all-day work session on Thursday April 14, from 12 to 8 p.m. in the Albany High School Library to write the 1983-84 School Improvement Plan.

The next regular meeting of the Site Council is on Wednesday, April 20 at 7 p.m. For further information, call Carol Jakabson at Albany High, 526-8716.

### Park & Rec classes set

ALBANY — The Albany Park and Recreation Department is offering the following activities for area residents: tennis lessons, tennis tournament, gymnastics for toddlers - eight years, cartooning, charm-modeling class, pottery, yoga, jazzercise, tap and ballet classes, puppetry show and workshop, baton and pom-pom classes, Spanish classes, Sennin Budo and dog training classes.

Sign up at the Park & Rec Dept., 1000 San Pablo Ave., or call 644-8514 for information.

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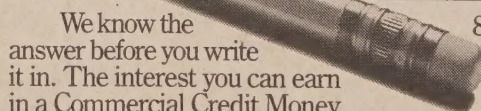
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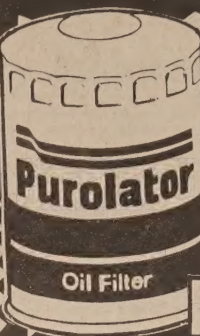
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# Times Journal / section two

## PTA fund-raising: today it's big business

### C.C. County schools ask parents for help

By SCOTT WILSON

West Contra Costa County schools, faced with further whittling of already-whithered budgets, have found increasing support from people with a direct interest in education — parents.

Local PTAs, booster clubs and other parent groups have helped provide valuable financial support in recent years to local schools.

"PTAs are supporting schools in ways that the schools could not possibly afford right now," said Melissa Fasarman, PTA president at Hillview Elementary School in El Cerrito.

### Schools

Throughout West County, parent organizations have been raising money through bake sales, carnivals and other training and a variety of other needs.

In the John Swett School District during the past year, parent organizations raised \$50,000, says school board member Diana Schleich. This includes between \$20,000 and \$22,000 brought in by John Swett's band boosters.

"The only thing they don't cover in our music program is the instructor's salary," says Schleich.

At Tara Hills Elementary School, the parents' group raises about \$10,000 a year, says Principal George Sewell. Last year, that money went for nine computers, physical education equipment, cassette tapes, carts, and other educational materials.

"These are things that our budget just can't handle right now," says Sewell.

With shrinking financial support from the state, Richard Unified School District was forced to trim more than \$1 million to balance this year's budget. Next year, the district may face a deficit of \$1.8 million.

John Swett is trying to deal with a \$370,000 debt and a \$1 million increase in employee benefit fees.

"It's quite a mess," says Ethel Gok, legislative counsel for the PTA. "What is going on is that people are just going to work harder to keep schools in the shape they are in. Most people no longer have kids in the schools, so they care less."

Since each school conducts its own fund-raising events, it is difficult to determine the total amount of money parent organizations contribute in West County.

Chona Morrison, president of the El Cerrito High

PTA, says a school's parents may raise anywhere from several hundred dollars to \$10,000.

Since most schools have PTAs, they provide the basis for parent fund-raising. The international PTA network is the largest volunteer organization in the world, according to Stevie Greenlaw, president of Los Cerros PTA Council.

Some schools have formed their own parent groups rather than participate in the national PTA program, which requires local chapters to contribute to the national organization.

Tara Hills School switched from a PTA to a parents' group two years ago.

"We did that so they could spend the money they collect on the kids here and not have to contribute to the national group," says Principal Sewell.

Sewell credits the parent group for Tara Hills having some of the highest math, language arts, and reading scores in the district.

"If it wasn't for the parents' group, a lot of our programs would be cut," he says.

In John Swett, parents and school officials have pooled their fund-raising efforts this year and formed the Carquinez Public Education Foundation to coordinate activities by PTAs, parent groups, booster clubs, and other organizations.

"We felt it was better to have one group raise \$5,000 at one time, than to raise \$100 here and \$200 there," says Schleich, who also is the foundation's president.

Since its creation, the Carquinez Foundation has raised more than \$4,000. The money has gone for a gifted student program and to purchase microscopes and scales for science classes.

Parental support generally goes to support such vulnerable programs as music, arts, and sports.

The PTAs at the two elementary schools in Hercules, for instance, made the music program the focus of their efforts. The two groups succeeded in persuading the City Council that it should fund the music program.

But recently several groups have also made special efforts to buy computers for their schools.

A carnival held last spring at Tara Hills School raised \$6,000 to buy nine computers, one for each classroom. And the Hillview PTA is hoping to raise \$5,000 for computers this year.

"We figured that we've entered the computer age," says Fasarman, Hillview PTA president. "And computers don't come cheap."

Along with the computers, Fasarman says the PTA would like to donate money to train teachers in using the machines.

"We've found that whenever we've given equipment or machinery, it may just lie around unused unless someone is trained in how to use it," she says.

Nonetheless, Fasarman said PTAs may be going too far in paying for teacher training.

"The state really should be paying for that," she says. "Moms and dads shouldn't be paying for teachers to go to school."

Fasarman acknowledges that there are inequities in volunteer fund-raising.

"It's unfair for one school to get more just because it happens to be in a richer area," she says.

For this reason, Fasarman often encourages parents to donate time rather than money.

Hercules Elementary has received almost \$7,000 in donations from their PTA group, but none of that money will go to computers.

"This school is so far behind the times, that we're just trying to take care of the basic things," says Principal Charles Forcier. "Computers are down the road a ways."

Forcier says money from the PTA has gone to buy workbooks and to put in lawn sprinklers.

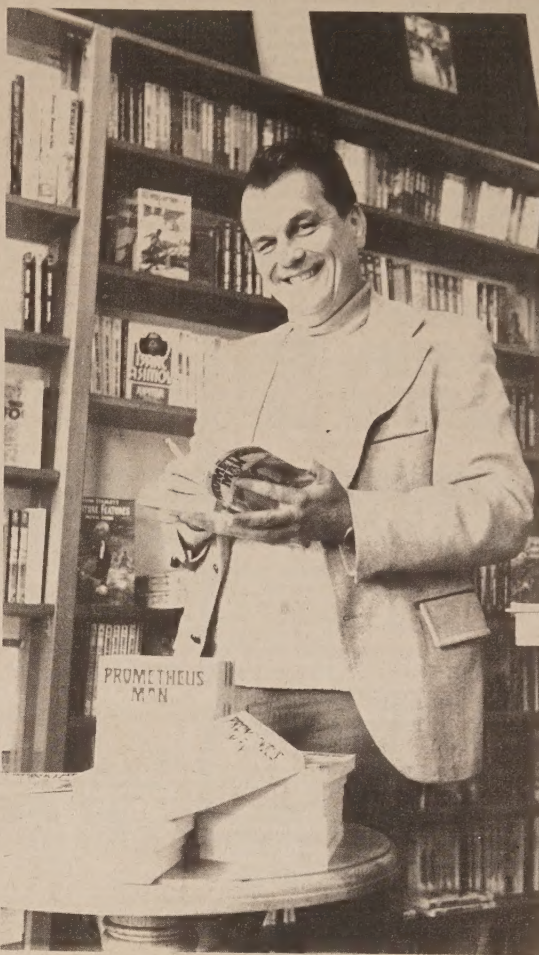
There is also a danger, say PTA officials, that the state will begin to take parental support for granted.

"The Legislature may see this support and feel that, hence, they are not responsible," says Morrison.

Because of this, says Fasarman, some PTAs loan — rather than donate — items to schools.

"If the school is closed, the PTA still has control over what it gave the school and can move it to where the majority of kids are transferred."

## Science fiction writer Nelson honored for novel



— Times Journal photo by Karen Preuss  
El Cerrito's Ray Faraday Nelson

### Story set in 21st century Bay Area

EL CERRITO — Science fiction writer Ray Faraday Nelson has just received the second annual Philip K. Dick Award, in honor of the late, noted science fiction author, for his latest novel, "The Prometheus Man."

Nelson's book is set in the middle of the 21st century in the Bay Area, a world so highly automated that few people have jobs. The idea for the book grew out of his short novel, "Revolt of the Unemployables," written 17 years ago.

The novel also has been nominated this spring for the Nebula Award, the most coveted prize in science fiction writing.

Nelson, 51, an El Cerrito resident for 22 years, has been writing since the 1940's and has published 28 novels and countless stories.

His best-known and most successful books are "The Gannymede Takeover," which he co-wrote with Philip K. Dick, and "Blake's Progress," for which he received a Nebula nomination in 1976. Both have sold more than 100,000 copies.

Nelson and his wife Kirsten operate Big Cat Books on Solano Avenue in Albany.

### Coming up

### Arts & crafts faire planned July Fourth

ALBANY — Soroptimist International of Albany the Albany Arts Committee are sponsoring a Dial-a-July arts and crafts faire during the city's celebration of its 75th birthday on July 4 in Memorial Park.

More than 200 notices and application blanks have been mailed to local businesses, artists and craftspeople, according to Soroptimist President Elaine Olson.

"Preference and the earliest deadline, May 15, will go to those who live and/or work in Albany," she said. "Open reservation, depending on space availability, June 15."

Artists will be encouraged to show and sell their work as well as to demonstrate their techniques during the faire, which will be held from 10 a.m. to 4 p.m. The faire will ask a nominal charge for space, but all proceeds will belong to the individual exhibitor.

The city of Albany will officially observe its 75th birthday (the city was incorporated in 1908) during the annual July 4 celebration, when families gather for picnics, contests and sports events.

For more information about the Arts and Crafts Fair, contact Carla Tenret at 526-7545, Dorothy Boyd at 524-4123, or Elaine Olson at 524-4123.

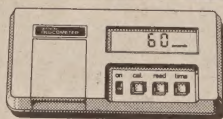
### Elks honor McSheehy

ALBANY — The Berkeley Lodge of the Benevolent and Protective Order of Elks recently presented two awards for outstanding service.

One went to Richard McSheehy of Albany. McSheehy is a former fire prevention officer for the city of Albany. He also was cited for his outstanding work within the lodge.

McSheehy is leaving the office of chaplain after eight years service in various lodge offices.

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# Health

## The effects of diet on heart disease and cancer

By OLGA BIER

Is there a connection between cancer and diet? Dr. Gio Batta Gori, vice president of the Franklin Institute Research Center and editor of "Nutrition and Cancer," conservatively indicates that there is.

Said Gori, addressing health professionals and journalists at a recent nutrition symposium in Phoenix, Ariz., "Its components are not known as absolute fact, but the road is marked. We are living longer and we are healthier now than ever before in time. The guidelines: prudence, variety, moderation, and faith in the adaptability of the human organism."

Sponsored by the Beef Councils of six western states and the Texas Cattle Feeders Association, the two-day nutrition symposium was attended by 32 food writers and almost 200 nutrition professionals.

In spite of the fact that Americans have steadily improved their lives and life spans, it has been only in recent years that the word cancer has been spoken aloud. This dread disease, a major killer of Americans today, has been the subject of countless experiments, surveys and research for many years, with each study eagerly scanned by an anxious and hopeful population. But, in his talk on "Cancer and Dietary Connections - If Any," Gori realistically summed it all up this way: "We know too little to be effective and too much to be unconcerned."

Although a large proportion of cancers have been linked to dietary habits, apparently the actual components of the killer diet cannot be pinpointed. Fatty intake, lack of fiber, hormones and additives, to name a few, have been identified in many hypotheses claiming to have discovered either carcinogens or cancer-inhibiting agents. Unfortunately,

Gori stated, "None has been fully verified."

The incidence of cancer has been shown to vary between sexes and also between countries. In studies made comparing Japan and the U.S., the intriguing findings show a high incidence of cancer of the stomach in Japan, compared with a low incidence of that form of the disease in the U.S.

Smokers without a doubt have a higher incidence of cancer in the lungs, but the disease does not appear in any other part of the body. There also has been some correlation between the intake of animal fat and breast cancer, but Gori cautions that with typical statistical irrationality, breast cancer can also be correlated with the use of nylon stockings!

So what can our scientists point out as guidelines for an old age free from the danger of cancer? Regardless of the many speculative announcements given as fact, Gori summed up the following points as background for limited knowledge.

Evolution did not equip man to acquire defenses to grow old. The longer people live, the more they are susceptible to the insults of disease and the ineffectiveness of their defenses. "We can really live on anything up to our reproductive age," reports Gori, "but the objective now is functional and healthy old age. Gori summarized these simply as a widely varied and lean diet.

"Fads (diets) are out...and a narrow range of food choices is bad," he said. He did not recommend avoiding any specific foods but urged discretion and moderation at all times. "The greatest dietary challenge is in caloric discipline," he emphasized. "Conscious regulation of caloric intake made without eliminating essential nutrients should be practiced."

The challenge has been made to agriculture to develop foods with lower caloric density. The adaptability of tomorrow's guidelines for survival will be based on the changes discovered today. "We are still at a primitive level of investigation," stated Gori.

### Your heart...your health

"What did you have for lunch today?" was the underlying question in the presentations from some of the nation's foremost nutrition researchers given at the symposium.

In his address to this theme, Dr. David Kritchevsky, who acted as panel moderator, shared his expertise as associate director of the Wistar Institute in Philadelphia and as a member of the American Council on Science and Health.

Instead of coming out with absolute statements and a list of instructions as the panacea to heart disease, Kritchevsky repeatedly stressed that the role of nutrition in health should be based on moderation and variety.

"In diet and heart disease, we need all the nutrients," he stated in answer to questions concerning vitamins A and E, fiber, and several of the current nutritional favorites. "Every element counts," he stated emphatically.

In discussing the background of heart and nutrition studies, Kritchevsky recalled the findings of the famous Framingham (Mass.) study which resulted in the recognition of the signs of possible heart problems: elevated cholesterol levels, high blood pressure, and the smoking of one or more packs of cigarettes daily.

"Since cholesterol is a component of every cell in the

body," said Kritchevsky, "we know it is necessary ever, he stated that although individual cholesterol may be found to be high, proof that it resulted in an element in the diet has not been proven as fact."

"Extrapolating animal data (from tests) to humans is very difficult and not really always accurate," he said. "Control factors of the highly limited animal diets would be difficult to compare with human reactions." Furthermore, he added that tests conducted on animals raised the intake of cholesterol didn't always raise the incidence of atherosclerosis (hardening of the arteries).

So where does that leave the lay public understanding the importance of the relationship of nutrients to heart disease? According to Kritchevsky, also served on the National Academy of Sciences and Nutrition Board, there has been a remarkable decrease in cardiovascular mortality since the 1950s. Reasons must be the result of less smoking, efforts to identify and treat hypertension (high blood pressure), more exercise-consciousness, and better care in general.

Life styles and stress factors play important roles in the elevation of cholesterol, the use of corn oil as a fat seems preferable to other choices, and the recognition of the effect of pectin as a cholesterol-decreasing agent are pieces of the puzzle that scientists are trying to put together in their studies for the control of heart disease.

As for the claims from advocates of vitamin E, to name a few, conclusive studies of their effectiveness have not been substantiated.

Kritchevsky, in his closing words, stressed moderation, not martyrdom."

## Senior centers

### ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

### Special Events

Art show. Variety of work, created by the Vista art class, under the instruction of Kim Thoman.

Luncheon is served, Saturday, April 16, at noon. Tickets are \$3 and must be purchased in advance. Proposed menus: appetizers, bread, salads, roast turkey with stuffing, dessert and coffee.

Meeting of all interested in Friendly Visitor program (give one hour a week to visit a shut-in on a one-to-one basis), Tuesday, April 19, at 10:30 a.m.

Legal assistance for Alameda County residents, by

appointment, Wednesday, April 20 at 10 a.m.

Yountville trip, "Vintage 1870." Visit old winery made into shops. No-host luncheon, \$12/person. Leave center 9:30 a.m., Friday, April 22, return 5 p.m.

Marcey Alancraig will give a reading of her work, followed by a potluck, Saturday, April 23, 12:30 p.m.

Blood pressure clinic, Monday, April 25, 1-3:30 p.m.

### Classes

Monday: Art techniques and painting, 10 a.m.-1 p.m.; crafts, 1-3 p.m.

Tuesday: current world problems, 10 a.m. to noon; creative widowhood, no fee, 10 a.m.; English as a Second Language, 1 p.m.; folk & square dancing basics, 1 p.m.

Wednesday: current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m.; Tai Chi, 1:30 p.m.

Thursday: group walking, 10 a.m.

Saturday: creative writing and poetry, 10 a.m.-1 p.m.

### Continuing Events

Barber service, Thursday 9 a.m. - noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m. Singalong, Thursday, 11:30 a.m.; bridge, Friday, noon-3 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 - 11 p.m. Donation, \$2 (includes refreshments).

Blood pressure clinic, 4th Monday every month, 1 to 3:30 p.m.

### Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m.

### Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions.

### Income Tax

Assistance, Mondays 9 a.m. to 3:30 p.m.; Tuesdays, 12:30-3:30 p.m. Thursdays, 1 to 4 p.m., Fridays, 9 to noon. Bring documents.

### Transportation

Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

Taxi scrip available to Albany residents over age 60. Price from \$4-10, depending on income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

### Meals on Wheels

Home-delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$12.50 per week.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

### Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.

April 13, corned beef; April 14, fish; April 15, chicken; April 18, lasagna; April 19, fish.

### Classes

Mondays: 10 a.m., Tai Chi; 1 p.m. bridge; 1:30, basic painting and drawing.

Tuesdays: 9:30 and 10:15 a.m., fitness; 10:15-30 a.m., introduction to the history of Contra Costa County; 1 p.m., grocery bingo.

Wednesdays: 9:30 a.m., mild exercise; 10:30 a.m., needlework; 12:30, knitting; 1 p.m. bridge.

Thursdays: 9:30 and 10:15 a.m., fitness; 10 a.m., Spanish conversation; 1-4 p.m., understanding modern art.

Fridays: 9 a.m. to noon, barber; 9:30 a.m., fitness; cash bingo, 1:30-3:30 p.m.

### Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$5.00 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

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The program is co-sponsored by the Richmond School Adult Education program.

### St. John's Center

For El Cerrito residents 60 or over. Meets at Combs Building, 6510 Gladys St., Tuesdays from 2 p.m. Phone Tuesday only 234-2797 or center office Gans at 529-1114.

The Center is part of the Richmond Unified Education Program. 9 a.m., crafts; noon, free lectures. After lunch, the group has community sit-down exercises and folk dancing until 2 p.m.

The April 19 program will feature Jean Bauer, director of planning, who will report on senior. The public health nurse, Claire Bauer, will be present.

### Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, bingo; second week, cards and games; third week, fourth week, cards and games. If there is a special program, for information call 525-6742.

### Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Center, 6510 Gladys St. First week, cards and games; second, bingo; third, cards and games; fourth, potluck and cards; fifth, potluck and cards. For information: 526-7462.

### Sakura Kai Center

For Japanese-speaking senior citizens. Meets Saturdays, 1-3 p.m. at 6510 Stockton St. Activities, ceramics, "shigin" (poetry singing) and tai chi available. For information: William Waki, 525-6742.

### KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. Morning meditation. Workshop on bridge, clothing alteration class.

First Thursday, potluck lunch. Donate a \$1.50. For the rest of the month, lunch of cake and coffee is \$7.50.

April 14, tour and picnic of Mel Harris park. 21, Leo Vuosalo will discuss Europe in 1983. open meeting.

### EAST BAY

#### North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open 8 a.m. to 4:30 p.m., gift shop opens at 10.

The Street Law Project will present a series of discussions on Fridays at 1 p.m. in April. Topics: wills, trusts and conservatorships; complaints of government; landlord-tenant disputes; consumer rights of crime victims.

Blood pressure and health counseling. April 26, 9-11:30 a.m.

### Richmond Annex Center

5801 Huntington Ave., Richmond. Open through Friday. Weekday drop-in lounge, 9 a.m. to 4:30 p.m., 10 a.m.-1 p.m. (except Sunday brunch, 10 a.m.-1 p.m.). (except \$1.50. Other activities include gentle exercise, cards, service projects, needlework and games.)

Monthly activities include a potluck supper. Contact Donna Chavez, 526-3553.

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# El Cerrito nightclub owner: did he die in lover's quarrel?

**EL CERRITO**—Berkeley nightclub owner Wesley Major Jr. may have died in a lover's quarrel with his bartender, police said.

The bartender, Mary Bush, was to enter a plea Tuesday in Municipal Court to the murder charge.

Major, an El Cerrito resident, was killed early Saturday morning in his Shalimar Club on Sacramento Street in Berkeley, the victim of multiple gunshot wounds.

Although Bush, a two-year employee of the club, declined to talk to police after her arrest, police learned from others that she and Major may have been lovers. Police were also told Major planned to fire Bush after she allegedly spread rumors that he was seeing another woman.

Joe Jackson, Bush's son and a bouncer at the club, was the last person to see Major and Bush together.

He told police that just after the club closed Saturday morning his mother gave him her purse and fur coat and told him to wait outside.

"I knew something was wrong, but they would never argue in front of me or anyone for that would let out that they were seeing each other," he told police.

After about 10 minutes, Jackson said he heard four or five shots from inside the club. Jackson then looked inside his mother's purse for the gun she usually kept but couldn't find it.

Bush came out of the club and Jackson started looking for the nearest phone to call police. Bush, meanwhile, placed her gun and Major's gun in a scarf and placed the weapons on the floorboard of her car.

Bush would later tell police Major "had pulled his (gun) too." Major was known to carry a handgun for his own protection in the club.

Police later recovered both weapons. They had first searched the club but were unable to find the murder weapon until Bush told them where she had hidden it.

Bush told police she had suffered a badly bruised left shoulder earlier in the evening, but she refused to say who inflicted the wound.

## Briefs

### Reno trip is planned

**EL CERRITO**—The El Cerrito Community Center is sponsoring a two day Reno excursion for April 28 and 29 with a stay at the Onslow Hotel.

Cash refunds of \$21 plus fun pack. Cost of the trip \$39.50 double occupancy and \$51.50 single.

### Dance class for squares

**ALBANY**—A beginner's class in square dancing will be held Tuesdays 7-8:30 p.m. beginning April 19.

The caller/instructor is Ron Haggerty, and class will meet at Albany Middle School, 1000 Jackson.

Cost for couples is \$4, singles, \$2. The event is sponsored by Sundance Squares.

### Vaudeville for children

On Sunday, April 17 Kidstuff Productions presents Dr. Danny Daniels and Friends in a vaudeville show for kids.

Shows will be at 11 a.m. and noon at the Julia Morgan Theatre, 2640 Collee Ave., Berkeley. Tickets are \$1 for kids, \$2 for adults, available at the door.

For information call 548-7234 or 527-4973.

What do you have to sell?

Call 237-1111

said he had spoken to another female bartender who said the elder Major asked if she could work both her own shift and Bush's, because he intended to fire her for spreading rumors about him.

As Major lay dying from

his wounds, he told police Bush was the culprit. One of the investigating officers tried to tape-record Major's statement. When the officer played the tape back, he discovered it wasn't working. The officer then had to scramble to

find another tape recorder and have Major identify Bush again.

Major's death was Berkeley's sixth homicide this year. All have happened on weekends. Last year at this time, Berkeley had recorded just one homicide.

## Library celebrates: open house, talks

The Berkeley Public Library will hold its fifth annual Open House celebrating National Library Week.

On Sunday, April 17, the Olde Worlde Puppet Theatre will perform "All in a Knight's Work," a puppet play about a knight and a dragon, from 1:30 - 2:30 p.m.

Gary Lapow will perform original songs and music from 2:45 - 3:15 p.m. and the Harambee Dance Ensemble offers African and West Indian Dances from 3:30 - 4:30 p.m.

## The city of Albany reopens its tool bank

**ALBANY**—The City of Albany Tool Bank will open for 1983 on April 22.

The Tool Bank's regular hours will then be 4 p.m. every Friday through June 24. Operation after that date depends on availability of funds in the next city budget year beginning July 1.

It is located at the City Yard, 507 San Gabriel between Hill Lumber and Cougar Field. For further information, call Richard Pearson, planner at 644-8341.



# THOUSANDS OF IN THE \$2,000,000 HURRY IN TO GET YOUR

**Colleen Austin**  
of San Rafael is  
the lucky winner of  
**\$50,000**

**A FEW OF OUR  
BIG WINNERS!!**

- Arthur Hosmer \$50,000
- Conchita Fernandez \$10,000
- Ray A. Grijalva \$5,000
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- Nepomocena Gumacal \$2,500
- Myri Ann Valdez \$2,500

**Boneless Round Steak**  
Full Cut, Safeway  
Quality Beef  
**\$1.99**  
lb.

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Made Exclusively from Beef  
Chuck, Does Not Exceed 26% Fat  
**\$1.66**  
lb.

**Center Cut Chops**  
Pork Loin **\$1.99**  
lb.

**Country Style Ribs**  
Pork Loin **\$1.59**  
lb.

**Blade Chuck Roast** Safeway Quality Beef **\$1.19**

**Beef Rib Steak** Small End, Safeway Quality Beef **\$3.19**

**Beef Rib Roast** Large End, Safeway Quality Beef **\$2.29**

**Smoked Pork Chops** Pork Loin, Water Added **\$2.89**

**Lamb Shoulder Roast** Fresh, Sliced & Tied, USDA Choice **\$1.99**

**Shoulder Blade Chops** Fresh Lamb, USDA Choice **\$2.49**

**Cooked Shrimp** In Shell, Whole, Head On, Frozen Fresh Thawed **\$2.59**

**Mini Coho Silver Salmon** Frozen Fresh Thawed **\$1.39**

**Chicken Franks** or Turkey Franks, Manor House 1-lb. **88¢**

**Pork Loin Roast**  
Blade Portion,  
Average Weight  
4 to 5 lbs.  
**\$1.39**  
lb.

**7-Bone Roast**  
Chuck, Safeway  
Quality Beef  
**\$1.29**  
lb.

**Sliced Bacon**  
Smok-A-Roma **\$1.39**  
1-lb.

**Young Turkeys**  
Famous Brands,  
8 to 16 lbs.,  
Frozen **69¢**  
lb.

**Boneless Top Sirloin**  
Steak, Safeway  
Quality Beef **\$2.98**  
lb.

**Fryer Thighs**  
with Back  
Portion, Frozen **\$2.99**  
5-lb. Box

**Gallo Italian Dry Salami Chub** **\$1.19**  
8-oz.

**Farmer John** or Safeway Pork Sausage Links, Frozen **69¢**  
8-oz.

**Steak Umm** Beef Sandwich Steaks, Frozen **\$2.29**  
14-oz.

**Pure Pork Burgers** Golden Prairie, Frozen **\$4.39**  
24-oz.

**Swift Sizzlean** Breakfast Strips, Regular, Brown Sugar or Beef **\$1.19**  
12-oz.

**Variety Pack** Safeway, Square or Round **\$1.19**  
12-oz.

**Sliced Meat Bologna** Scotch Buy **1-4¢**  
1-lb.

**Nathans Beef Skinless Franks** **\$2.79**  
1-lb.

**Dubuque Pork Sausage Rolls** Mild or Hot, Frozen **\$1.19**  
1-lb.

**Golden Grain  
Egg Noodles**  
12 oz.  
**69¢**  
SAVE 14¢

**Ragu' or  
Homestyle**  
Spaghetti  
Sauce, 32 oz.  
**\$1.59**  
SAVE 56¢

**French  
Bread**  
Colombo or  
Toscana's, 1-lb.  
**89¢**  
SAVE 14¢

**Cheerios**  
10 oz. (Wheaties,  
18 oz., \$1.59)  
**99¢**  
SAVE 34¢

**Contadina**  
Tomato  
Sauce, 8 oz.  
**\$1.66**  
SAVE 62¢ on 6

**Spaghetti**  
Perfection,  
32 ounces  
**89¢**  
SAVE 60¢

**Oral-B**  
Toothbrush  
each **99¢**  
Buy 5 Get \$2.00  
Cash Rebate  
5 for \$4.95  
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Rebate, \$2.00  
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**Aqua Net**  
Hair Spray  
9 ounces  
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**Faberge**  
Organic  
Shampoo or  
Conditioner,  
15 ounces  
**99¢**

**Reprint  
Special**  
Made from any Standard Size  
Color Negative or Slide  
**8 for \$12.99**  
OFFER  
EXPIRES  
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**Strawberries n' Cream**  
10 1/4 inch Open  
Fry Pan  
with \$10.00 Purchase  
**\$11.99**

**Italian Festival**

- Golden Grain Marinara Sauce 32 ounces **\$1.79**
- Kraft Parmesan or Romano Grated Cheese, 8 oz. **\$2.29**
- Frigo Ricotta Cheese 32 ounces **\$2.29**
- Kraft Italian Dressing Salad, Pourable, 8 ounces **\$1.79**
- Precious Mozzarella Cheese 16 ounces **\$1.79**
- Lucca Beef Ravioli 12 ounces **\$1.79**

**Kraft Macaroni & Cheese** 7.5 ounces **45¢**

**Ocean Spray** Cranapple or Orange Juice Drink, 48 oz. **\$1.19**

**Velveta Loaf Cheese** 16 ounces **\$1.19**

**Mazola Corn Oil** 48 ounces **\$1.19**

**Cottage Cheese** Lucerne, 16 ounces (32 oz., \$1.57) **\$1.19**

**Lucerne Ice Milk** Half Gallon **\$1.19**

**Bertolli Olive Oil** 3 liters **\$1.19**

**Golden Grain Extra Wide Lasagna** 16 ounces **\$1.19**

**Sunnyland Margarine** 1-lb. in Cubes **\$1.19**

**SAFWAY®/McDONALD'S® \$2,000,000 LANDMARK GAME**  
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| PRIZE LEVEL                  | APPROX. TOTAL RETAIL VALUE | TOTAL NUMBER OF PRIZES | ODDS 1 IN             | ODDS 1 IN             |
|------------------------------|----------------------------|------------------------|-----------------------|-----------------------|
| 1st Prize: \$250,000 in Cash | \$250,000                  | 1                      | 1 in 1,000,000        | 1 in 1,000,000        |
| 2nd Prize: \$50,000 in Cash  | \$50,000                   | 2                      | 1 in 500,000          | 1 in 500,000          |
| 3rd Prize: \$10,000 in Cash  | \$10,000                   | 10                     | 1 in 100,000          | 1 in 100,000          |
| 4th Prize: \$5,000 in Cash   | \$5,000                    | 50                     | 1 in 20,000           | 1 in 20,000           |
| 5th Prize: \$1,000 in Cash   | \$1,000                    | 1,000                  | 1 in 2,000            | 1 in 2,000            |
| 6th Prize: \$500 in Cash     | \$500                      | 5,000                  | 1 in 400              | 1 in 400              |
| 7th Prize: \$250 in Cash     | \$250                      | 10,000                 | 1 in 200              | 1 in 200              |
| 8th Prize: \$100 in Cash     | \$100                      | 20,000                 | 1 in 100              | 1 in 100              |
| 9th Prize: \$50 in Cash      | \$50                       | 40,000                 | 1 in 50               | 1 in 50               |
| 10th Prize: \$25 in Cash     | \$25                       | 80,000                 | 1 in 25               | 1 in 25               |
| 11th Prize: \$10 in Cash     | \$10                       | 160,000                | 1 in 12.5             | 1 in 12.5             |
| 12th Prize: \$5 in Cash      | \$5                        | 320,000                | 1 in 6.25             | 1 in 6.25             |
| 13th Prize: \$2 in Cash      | \$2                        | 640,000                | 1 in 3.125            | 1 in 3.125            |
| 14th Prize: \$1 in Cash      | \$1                        | 1,280,000              | 1 in 1.5625           | 1 in 1.5625           |
| 15th Prize: 50¢ in Cash      | \$50                       | 2,560,000              | 1 in 0.78125          | 1 in 0.78125          |
| 16th Prize: 25¢ in Cash      | \$25                       | 5,120,000              | 1 in 0.390625         | 1 in 0.390625         |
| 17th Prize: 10¢ in Cash      | \$10                       | 10,240,000             | 1 in 0.1953125        | 1 in 0.1953125        |
| 18th Prize: 5¢ in Cash       | \$5                        | 20,480,000             | 1 in 0.09765625       | 1 in 0.09765625       |
| 19th Prize: 2¢ in Cash       | \$2                        | 40,960,000             | 1 in 0.048828125      | 1 in 0.048828125      |
| 20th Prize: 1¢ in Cash       | \$1                        | 81,920,000             | 1 in 0.0244140625     | 1 in 0.0244140625     |
| 21st Prize: 50¢ in Cash      | \$50                       | 1,638,400              | 1 in 1.220703125      | 1 in 1.220703125      |
| 22nd Prize: 25¢ in Cash      | \$25                       | 3,276,800              | 1 in 0.6103515625     | 1 in 0.6103515625     |
| 23rd Prize: 10¢ in Cash      | \$10                       | 6,553,600              | 1 in 0.30517578125    | 1 in 0.30517578125    |
| 24th Prize: 5¢ in Cash       | \$5                        | 13,107,200             | 1 in 0.152587890625   | 1 in 0.152587890625   |
| 25th Prize: 2¢ in Cash       | \$2                        | 26,214,400             | 1 in 0.0762939453125  | 1 in 0.0762939453125  |
| 26th Prize: 1¢ in Cash       | \$1                        | 52,428,800             | 1 in 0.03814697265625 | 1 in 0.03814697265625 |
| 27th Prize: 50¢ in Cash      | \$50                       | 1,048,576              | 1 in 0.7409375        | 1 in 0.7409375        |
| 28th Prize: 25¢ in Cash      | \$25                       | 2,097,152              | 1 in 0.37046875       | 1 in 0.37046875       |
| 29th Prize: 10¢ in Cash      | \$10                       | 4,194,304              | 1 in 0.185234375      | 1 in 0.185234375      |
| 30th Prize: 5¢ in Cash       | \$5                        | 8,388,608              | 1 in 0.0926171875     | 1 in 0.0926171875     |
| 31st Prize: 2¢ in Cash       | \$2                        | 16,777,216             | 1 in 0.04630859375    | 1 in 0.04630859375    |
| 32nd Prize: 1¢ in Cash       | \$1                        | 33,554,432             | 1 in 0.023154296875   | 1 in 0.023154296875   |
| 33rd Prize: 50¢ in Cash      | \$50                       | 671,104                | 1 in 0.7409375        | 1 in 0.7409375        |
| 34th Prize: 25¢ in Cash      | \$25                       | 1,342,208              | 1 in 0.37046875       | 1 in 0.37046875       |
| 35th Prize: 10¢ in Cash      | \$10                       | 2,684,416              | 1 in 0.185234375      | 1 in 0.185234375      |
| 36th Prize: 5¢ in Cash       | \$5                        | 5,368,832              | 1 in 0.0926171875     | 1 in 0.0926171875     |
| 37th Prize: 2¢ in Cash       | \$2                        | 10,737,664             | 1 in 0.04630859375    | 1 in 0.04630859375    |
| 38th Prize: 1¢ in Cash       | \$1                        | 21,475,328             | 1 in 0.023154296875   | 1 in 0.023154296875   |
| 39th Prize: 50¢ in Cash      | \$50                       | 429,506                | 1 in 0.7409375        | 1 in 0.7409375        |
| 40th Prize: 25¢ in Cash      | \$25                       | 859,012                | 1 in 0.37046875       | 1 in 0.37046875       |
| 41st Prize: 10¢ in Cash      | \$10                       | 1,718,024              | 1 in 0.185234375      | 1 in 0.185234375      |
| 42nd Prize: 5¢ in Cash       | \$5                        | 3,436,048              | 1 in 0.0926171875     | 1 in 0.0926171875     |
| 43rd Prize: 2¢ in Cash       | \$2                        | 6,872,096              | 1 in 0.04630859375    | 1 in 0.04630859375    |
| 44th Prize: 1¢ in Cash       | \$1                        | 13,744,192             | 1 in 0.023154296875   | 1 in 0.023154296875   |
| 45th Prize: 50¢ in Cash      | \$50                       | 274,884                | 1 in 0.7409375        | 1 in 0.7409375        |
| 46th Prize: 25¢ in Cash      | \$25                       | 549,768                | 1 in 0.37046875       | 1 in 0.37046875       |
| 47th Prize: 10¢ in Cash      | \$10                       | 1,099,536              | 1 in 0.185234375      | 1 in 0.185234375      |
| 48th Prize: 5¢ in Cash       | \$5                        | 2,199,072              | 1 in 0.0926171875     | 1 in 0.0926171875     |
| 49th Prize: 2¢ in Cash       | \$2                        | 4,398,144              | 1 in 0.04630859375    | 1 in 0.04630859375    |
| 50th Prize: 1¢ in Cash       | \$1                        | 8,796,288              | 1 in 0.023154296875   | 1 in 0.023154296875   |

Items and prices in this ad are available April 13, 1983, thru April 19, 1983, at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Monterey and Santa Cruz. \*Prices not effective in Vacaville or Fairfield. No sales to Restaurants, Dealers or Institutions. Sales in retail quantities only.



**SAFeway**



# Police beat

**ALBANY**  
Albany police report the following incidents for the week ending April 10:  
April 4  
• Carl Wooten, 23, of ... was arrested in connection with a peeping ... incident in the ladies ... of the Albany Bowl.  
April 7  
• A lawn mower was stolen from an open garage on Pomona Street.  
April 8  
• John Fairhurst Jr., 28, of Richmond, was arrested on a drunk driving charge.  
April 10  
• The severed head of a cat was found on the hood of a vehicle parked on Solano Avenue.  
• Albany police record-

ed 14 adult arrests during the week.  
**EL CERRITO**  
El Cerrito police report the following incidents for the week ending April 10:  
April 4  
• A burglar broke a window of a home in the 1100 block of Lawrence Court and took \$120 worth of

clothing and \$600 worth of firearms.  
April 5  
• Richard Urone, 22, of Richmond was stopped on San Pablo Avenue and arrested on a drunk driving charge.  
April 8  
• Danny Maestas, 20, of Richmond, was arrested in connection with a March 21

apartment burglary and held on \$5,000 bail. He is a suspect in seven other burglary cases.  
• Mamie Spencer, 36, of Oakland, was arrested for allegedly trying to walk out of Capwell's with \$568 worth of clothing concealed in her girdle.  
• Theresa Mendoza, 23, of Oakland, was arrested for allegedly trying to shoplift \$110 worth of clothing from Capwell's.  
• A burglar removed \$740 worth of tools from a garage in the 2700 block of

Arlington.  
April 9  
• Someone entered Radio Shack on San Pablo Avenue by shattering the door window with a rock when the store was closed for the night and took \$327 from a cash drawer.  
• El Cerrito police recorded 18 adult arrests during the week.

Let us know...  
If your school, club or church is having an event, tell us.

# Obituaries

## Silverio Montalvo

**KENSINGTON** — Funeral services were held for longtime local resident Silverio Montalvo at Ellis-Olson Mortuary.  
A native of Mexico, Mr. Montalvo died April 7 in a

Palo Alto hospital. He was 71.  
Mr. Montalvo was employed for 30 years as a lab machinist at UC-Berkeley and was a member of the California State Employees Association.  
He is survived by his wife, Camille; three sons, Steven, of El Cerrito, and Eleno and John of Berkeley; three sisters, Rachael Martinez of Oakland, Lillian Navarro of Berkeley and Mary Rodriguez of Forestville, and one grandchild.  
Burial was at Sunset View Cemetery.  
The family requests that memorials to Mr. Montalvo be in the form of donations in his name to the Hanna Boys Center, Sonoma, CA, 94576.

## Mildred Forster

**ALBANY** — Private family services have been held at Ellis-Olson Mortuary for longtime local resident Mildred G. Forster, 78.  
A native of Oakland, Mrs. Forster died Saturday in a local hospital. She was 78.  
She was a member of the Albany American Legion Post 292 Women's Auxiliary.  
She is survived by two daughters, Shirley M. Blomstrom of El Cerrito and Beverlee L. Sparrow of Moraga, and four grandchildren.

## Wesley Major, Jr.

**EL CERRITO** — Services for Wesley Major, Jr., victim of an early Saturday morning homicide at his Major's Shamall Club in Berkeley, will be held at 1 p.m. Wednesday in the drawing room chapel of Ellis-Olson Mortuary, 727 San Pablo Ave., Albany.  
A native of Wichita, Kan., and a retired U.S. Air Force staff sergeant, Mr. Major died in a Berkeley hospital. He was 52.  
He is survived by his wife, Callie A. Major; two children, Brandol Major of Los Angeles and Phyllis A. Major of El Cerrito; two brothers, Lawrence, of San Diego, and Robert, of Los Angeles; five sisters, Ruth Oxendine of Manteca, Hattie Badie, Opal Major and Christine Whaley, all of Modesto, and Betty Harvey of Sunnyvale.  
Burial will be at Rolling Hills Memorial Park.

## Briefs

### Church plans funding sales

St. Patrick's Episcopal Church of El Cerrito will sponsor an estate sale at 240 Arlington, Kensington, on Saturday, April 16, from 10 a.m. to 4 p.m.  
Furniture, kitchen things plus many other items will be offered.  
There will be a flea market and bazaar at the church, Potrero and Everett, on Saturday, April 30 from 10 a.m. to 3 p.m.

### It's twins for Faulkners

Twins daughters were born to Scott and Shirley Faulkner of Richmond March 18 at Alta Bates Hospital in Berkeley.  
First-born Natalie Brooke weighed 4-1/2 pounds and measured 19 inches. Carrie Nicole weighed in at 3 pounds, 10 ounces and measured 16 inches.  
Grandparents are Jerry and Darlene Faulkner and Rom and Trudy Vila, all of El Cerrito.

### Races aid cancer society

**ALBANY** — The 16th annual benefit "Day at the Races" for the American Cancer Society's Contra Costa Unit will be held on Friday, April 15, in the Turf Club's Terrace Room at Golden Gate Fields.  
Buffet lunch will be served at 11:45 a.m., with the races starting at 1 p.m.  
Advance reservations at \$15.50 per persons (including a \$4 donation to the Cancer Society) may be made now by calling the ACS at 525-6801 in El Cerrito.

# PRIZES LEFT!!!

# LANDMARK GAME

# FREE GAME TICKETS!

## GAME ENDS SOON

OVER 150 FRESH PRODUCE VARIETIES TO CHOOSE FROM!

### Fresh Strawberries


Red Ripe from California, Perfect for Pies and Shortcake



12-oz. Basket **59¢**

### Haas Avocados

Large Size, Delicious in Salads, Excellent for Making Guacamole



**3 for \$1**

### Celebrate the Cherry Blossom Festival

with Exotic Foods from Safeway FROM AZUMAYA CORPORATION

Japanese Tofu 16 oz. pkg **49¢**  
Japanese Noodles 16 oz. pkg **49¢**

ALSO AVAILABLE

Bean Sprouts 3 **\$1**  
Won Ton Skins 16 oz. **79¢**  
Egg Roll Skins 16 oz. **79¢**  
Green Onions 4 **\$1**  
Soy Sauce 4.6 oz. **\$1.73**

### Zucchini Squash


Fresh and Tender, Great Stir-fried in Oriental Foods



**49¢ lb.**

### Outdoor Azaleas

One Gallon Container, Plant in Shady Location, Avoid Direct Afternoon Sun



**2 for \$7**

### Fresh Carrots

Crunchy Crisp, 2 lb. Bag **2 for 99¢**

### Ruby Grapefruit

Fresh from the Coachella Valley **3 for \$1**

### Bunch Spinach

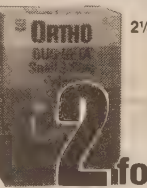
Fresh Crisp Bunches, Excellent in Salads **2 bu. 89¢**

### Red Potatoes

New Crop from Florida, U.S. #1 **lb. 39¢**


### Ortho Bug-geta

2 1/2 lb. box **2 for \$3**



### Navel Oranges

California Grown, Fresh & Juicy, Excellent for Juicing or Snacking



**5 lbs. \$1**

### Comet Cleanser

4¢ OFF LABEL, 14 ounces



**39¢**

SAVE 17¢

### Bel-air Orange Juice

Frozen, 12 ounces



**79¢**

SAVE 50¢

### Folonari Soave

1.5 liter (10% Off Case Price, \$21.55)



**\$3.99**

SAVE 80¢

### Gallo Wines

Hearty Burgundy, Rhine, Red Rose or Chablis Blanc, 3 liters (10% Off Case Price Does Not Apply)



**\$3.99**

SAVE \$2.30

### Italian Style Bread

Mrs. Wright's, 1 1/2 lb. loaf **69¢**

### Hot Dog Buns

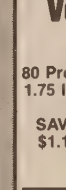
Hot Dog Buns, Mrs. Wright's, 8 ct. **2 for \$1**

### 100% Wheat

David, Mrs. Wright's, 1-lb. loaf **69¢**

### Winner's Cup Vodka or Gin

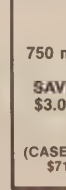
80 Proof, 1.75 liter **\$6.49**



SAVE \$1.10

### San Giorgio Amaretto

750 ml. **\$5.98**



SAVE \$3.00

(CASE PRICE \$71.76)

### Jack Daniel's Catignano Buzzoni Chianti Fontana

Sour Mash Whiskey, Black Label, 750 ml. **\$7.98**

Chianti Classico, .75 liter (10% Off Case Price, \$32.29) **\$2.99**

In a Straw Basket, .75 liter (10% Off Case Price, \$27.00) **2 for \$5**

Candida Frascati, .75 liter (10% Case Discount Does Not Apply) **2 for \$6**

### Henry Weinhard's

Beer, 12 Pack, 12 oz. Bottles **\$4.39**

### Lowenbrau Beer

Light or Dark, 6-12 oz. Bottles **2 for \$5**

### Coke, Diet Coke

Tab, Sprite, Sugar Free Sprite or Fresca, 6-12 oz. Cans



**\$1.49**

(With Coupon only, \$1.04, SAVE 85¢)

### NATURAL FOODS

Bulk Carob **\$2.97**

Trail Mix **Per lb. 2**

### Bake Shop

Old Fashioned Donuts 5 for **99¢**

Chocolate Brownies each **\$1.69**

English Muffin Bread each **79¢**

Fresh Strawberry Cream Pies **\$3.49**

Landmark Game Tickets are available at 437 Stores: 198 McDonalds and 239 Safeway Stores in Northern California only. Must be 16 years or older to play. No purchase Necessary. Only one ticket per visit. See complete details at stores. \*All visits to the same Safeway Store within a period of 12 hours constitute a single visit.

### SAVE \$2.00 on tickets to Marine World/Africa USA

Buy your tickets at Safeway. You'll receive a \$2.00 discount.

| ADULT                | CHILDREN             |
|----------------------|----------------------|
| Regular Price \$9.95 | Regular Price \$7.95 |
| Safeway Price \$7.95 | Safeway Price \$5.95 |

On Sale at Safeway thru May 31st

### SAVE 45¢ off one 6 pack of Coke, Diet Coke, Tab or Sprite in 12 ounce aluminum cans.

NO. 30000 For each coupon you receive a 45¢ off one 6 pack of Coke, Diet Coke, Tab or Sprite in 12 ounce aluminum cans. This coupon is valid only on one 6 pack of Coke, Diet Coke, Tab or Sprite in 12 ounce aluminum cans. This coupon is valid only on one 6 pack of Coke, Diet Coke, Tab or Sprite in 12 ounce aluminum cans. This coupon is valid only on one 6 pack of Coke, Diet Coke, Tab or Sprite in 12 ounce aluminum cans.



# Churches

## ALBANY

### Berkeley Buddhist Priory

The priory is at 1358 Marin Ave. (near Santa Fe) in Albany. The prior, the Rev. Teigan Stevens, invites the public to attend meditation periods and services Tuesday through Sunday. Beginner's retreats are held the first Sunday of the month from 9 a.m. to 4 p.m. and includes a vegetarian lunch. Classes in basic Buddhism will be held in the upcoming months. A small gift shop and library also are available. For more details, call 528-2139.

The priory is affiliated with Shasta Abbey, a Zen Buddhist seminary and monastery in Mount Shasta, Calif., founded in 1970 by the Rev. Roshi Jiyu Kennett.

### Church of Christ

Sunday services: Bible study at 10 a.m., worship at 11 with the Rev. Max Crumley, Sr., minister. Wednesday Bible study at 7:30 p.m.

The church is located at 1370 Marin Ave., Albany.

### First Baptist Church of Albany

On Wednesday April 13 the home Bible study group meets at 7:30 p.m. at 806 San Carlos, Albany.

On Thursday, April 14, the ABW will meet at 11:30 a.m. for a special program and bag lunch. The program will include installation of new officers by Martha Stuzman from the American Bible Society. Babysitting is provided; everyone is welcome.

Sunday at 9:30 a.m. church school classes will be held for all ages. A 11 a.m. worship service will be held with Pastor Alan Newlove bringing the message on "Being a Disciple of Christ". At 7 p.m. the prayer fellowship will meet in the church.

Monday at 7:30 p.m. the prayer study group will meet at 922 Neilson St. Young marrieds will meet at 832 Lexington Ave., El Cerrito, at 7:30 p.m.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

### St. Alban's Episcopal Church

On April 13 at 11:30 a.m. the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands. A meeting of St. Anne's Guild will follow.

On April 17, the Third Sunday of Easter, Father Debenham will preach on "Dream of California Sunday," on the practical steps recommended to realize the dream and pledge what each one can for the next three years to fulfill it.

The Rev. Russ Moore will preach and celebrate Holy Communion, assisted by Debenham and by Nabil Jacob, lay reader. Those wishing to receive the Laying On of Hands may go to the back of the church after receiving communion. The lector is M.J. Tyler.

Acolytes are Karin Lamb at 8 a.m. and Dawn Euston and Catherine James at 10. The senior choir will sing the offertory anthem "We Welcome Glad Easter," by Southbridge. Stan Gardner and Skip Howie will usher. There will be a coffee hour after the 10 a.m. service.

Church school classes from 5th to 8th grade will meet at 3:30 p.m. Tuesday, April 19.

The church is located at 1501 Washington Ave., Albany. Phone 525-1716.

### Albany United Methodist Church

April 17: Morning worship: 11 a.m. the Rev. Virginia Hilton will preach on "Gone Fishing". The adult education class will meet at 10 a.m., beginning a series of discussions on "United Methodists: Who are We?" looking at our heritage, the various branches of our church family tree, what we believe and what we are doing as a denomination in the world today.

Week activities: Monday, April 18: Bible study 7:30

p.m. in the pastor's study. Tuesday, April 19: United Methodist Women general meeting at 7:30 p.m. at the church. Evelyn Parker of El Cerrito will tell about her work helping Laotian refugees in the Bay Area. All women are invited. Wednesday, April 20: quilters 9:30-3 p.m. Prayer group 12:30 to 3 p.m.

The church is located at 980 Stannage, Albany. Call 526-7346.

### Word of Faith Church

Word of Faith Church, located at 1206 Lincoln Ave. in Alameda, has home Bible Study for the Albany-El Cerrito area. Everyone is welcome.

Study group meets Monday nights in Albany. For information call Martha Beckhusen, 526-8512 or Pastor Hal Tomlinson, 523-4754.

### Gracemont Baptist Church

The church is located at 1221 Marin Ave., Albany. Staff includes Rev. Glen Campman, pastor; Rev. Lupe Torrez, associate pastor; and D. Shayne Gilpin, minister of music.

## EL CERRITO

### Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave., El Cerrito. Service begins at 10:30 a.m. Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the luncheon.

Bible studies are held in several communities weekly. For more information, call 527-2055 or 757-6426.

### El Cerrito United Methodist Church

At the Sunday worship service, 11 a.m., the church will present a program of sacred music - congregational hymn singing and special music, all under the direction of and arranged by Constance Frueh, minister of music. Participating will be Frueh, Rebecca Zuerner, organist; Mary Jenner, pianist; and the chancel choir. All are invited.

The church is located at 6830 Stockton Ave., El Cerrito. Phone 525-3500.

### Grace Lutheran Church

Sunday, April 17, at 9:30 a.m., Pastor Ralph Moeller will speak on "Overcoming Our Failures," from John 21:1-14. Sunday school and Bible class will meet in the Parish Hall at 10:30. Holy communion is administered the second and fourth Sunday of each month.

Resuming on Wednesday, April 13, at 2:30 p.m. and 6:30 p.m. respectively, the children's craft class and confirmation class will meet in the Parish Hall.

Thursday, April 14, at 9:30 a.m., the sewing and craft group will meet in the Parish Hall, followed by a lunch break at noon.

Friday, April 15, at 7:30 p.m. Pastor Moeller will present a travelogue on "Social and Religious Conditions in East Germany". All are invited.

The church is located at Santa Fe and Ward in El Cerrito and is easily accessible; phone 525-9004 mornings, or 525-1078 afternoons.

## KENSINGTON

### Arlington Community Church

"Consider the lilies of the field, how they grow" (Matthew 6:28) will be Rev. Ken Barnes' theme for the 10 a.m. service on April 17. Rev. Ed Setchko, retired faculty member of the Graduate Theological Union, will talk on the Middle East crisis and his experiences during a three

month stay there, for the spectrum program which follows the morning worship.

The children's choir, under the direction of Louise Rowland, will sing at the Children's Choral Festival sponsored by the Valley Christian Guild at 4 p.m. on April 17 in the Presbyterian Church, Menlo Park.

### First Unitarian Church

On Sunday, April 17, the Rev. Ted Webb, minister of the Unitarian Universalist Church in Sacramento, will preach.

All Sunday services begin at 11 a.m. Sunday School at 11. Childcare available from 9:30 a.m.

The church is located at 1 Lawson Road, Kensington.

## THOUSAND OAKS

### Esworth United Methodist Church

The church is located at 1953 Hopkins Street, Berkeley, just east of the North Berkeley Library.

### Northbrae Community Church

Northbrae is located at 941 the Alameda, in the Thousand Oaks district of north Berkeley.

Services are held in the Chapel directly behind Haver Hall. Everyone is welcome.

### Thousand Oaks Baptist Church

On Sunday, April 19, adult bible classes for English-speaking and Mandarin-speaking adults are held at 9:30 a.m. on Sunday under the Pastors Paden and Chen. Children's Sunday school classes are held at 10:30 during the worship service hour with the El Golgotha Spanish Assembly of God Church, which meets in our building.

At 10:30 a.m. Sunday Pastor Paden will bring the message, "Peace With God Turns Our Troubles Into Opportunities." The message will be based on Romans 5:1-11. Jerry Lockwood, tenor, will sing, "Seek Ye the Lord" by J.V. Roberts and Dora Burdick will play the organ. Pastor David Chen conducts a worship service in Mandarin at 10:30 a.m. Following the morning worship service there will be a potluck lunch and quarterly business meeting.

On Wednesday there will be a family fellowship potluck supper at 6:15 p.m. at the church. At 7 p.m. Pastors Paden and Chen will lead the adult Bible study groups and Cedric Broughton and Jim Kennon will lead the youth. Choir rehearsals begin at 8 p.m.

From 3:30 to 5:00 p.m. on Fridays Jim Kennon and Cedric Broughton, student pastors, lead the Kid's Club for fourth through eighth graders in recreation, drama, games and refreshments. All young people of this age group are invited to attend.

The church is located at the corner of Colusa, just north of Solano Avenue.

## EAST BAY

### Chinese Rhenish Church

This bilingual (Cantonese and English) Lutheran church welcomes the public to worship every Sunday at 11 a.m., with Sunday school classes for all ages at 9:30 a.m. The pastor is the Rev. Loke Hoy-San.

The following weekly classes are offered: English Bible study, Wednesday, 8 p.m.; Chinese Bible study, Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m. to noon; family and individual counseling by appointment only. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 MacDonald Ave., Richmond. Phone 232-1072.

### North Congregational Church

At the 11 a.m. service on April 19, the Rev. Bob

Graham will speak on "A Prayer For Other Jesus" prayer for his disciples found in John 17. He will be seminary intern Debra Smith, and John Smith will lead readings and prayers. John and Mary Smith will be the deacons for the day, assisted by Mary Smith.

The adult Bible study seminar meets each 9:30 a.m. in the Babcock Room with the church just starting a new unit dealing with some of the things as they relate to life in the 80's.

The Women's Fellowship will meet April 14, in the Fellowship Hall for a brown bag luncheon at noon. Devotions will be led by Pastor Paden. After the meal, followed by a program, Pastor Paden, a student at the Graduate Theological Union, will speak about "Health, Wholeness, and the Church's Responsibility To The Disabled." Women will make lap robes for the U.V.S., the Veteran's Hospital in Martinez.

The church is located at the corner of Colusa and nut streets in north Berkeley. For more information call 848-1201 or 527-3134 (evenings).

### Rodeo Full Gospel Church

Interdenominational evangelistic services are held each Tuesday and Thursday at 7:30 p.m. and 9:30 a.m. and 6 p.m. with Houston Marlow and Mary Smith singing for Jesus.

The church is located at 715 San Pablo Ave. Phone 235-9374 or 657-7705.

### St. Mary Magdalen's Dominican Parish

On Thursday, April 14, the Parish will present a weekly five-part program on "St. Paul's Legacy".

The series, to be broadcast by the Catholic Network, is designed to introduce the viewer to the contemporary message of the Gospel.

The April 14 presentation will begin at 7:30 p.m. at Norton Hall.

The church is located at 2005 Berryman Ave. Phone 526-4811.

## Briefs

### Community orchestra seeks local musicians

ALBANY — The Albany Community Orchestra begins its spring quarter on Tuesday evening. Amateur musicians of all ages who play orchestral instruments are invited to join.

The orchestra, under the direction of Ernest H. Haydn, meets each Tuesday from 7 to 9 p.m. in the basement of Albany High School. The group does extensive rehearsing of standard orchestral literature, and a public performance in June. Works currently being rehearsed include Moussorgsky's "Night on Bald Mountain" symphony, and the third movement of Symphony 8.

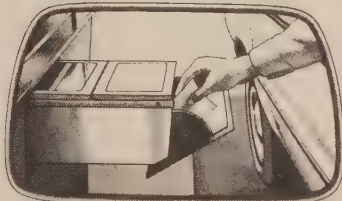
No auditions are required. A fee of \$15 is required for the quarter. Musicians may join by coming to any of the rehearsal.

The Albany Community Orchestra is now in its fourth year. It presents two free public concerts each

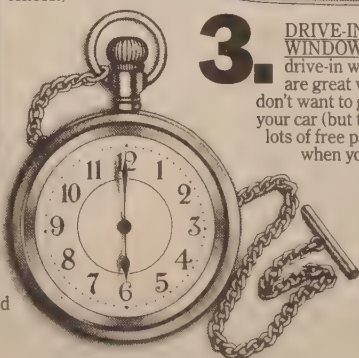
# 6 things to look for in a really handy Mechanic:



**1. AUTOMATED TELLERS**  
Our Mechanical Bankers let you bank anytime you want—24 hours a day, 7 days a week. (Located at our Hilltop, El Sobrante, Mira Vista, Pinole and El Cerrito offices.)

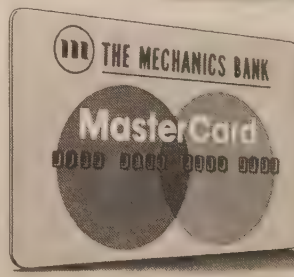


**3. DRIVE-IN WINDOWS**  
Our drive-in windows are great when you don't want to get out of your car (but there's lots of free parking when you do).



**2. EXTENDED HOURS**  
Our drive-in locations are open from 9 am-4:30 pm Monday through Thursday, and from 10 am-6 pm on Fridays.

**5. MASTERCARD**  
Enjoy more buying freedom—as well as our Check Guarantee and Overdraft Protection services.



**4. BANK-BY-MAIL**  
We'll pay the postage both ways on all deposits and provide self-addressed, stamped envelopes.



**6. NIGHT DEPOSITORY**  
Don't leave cash in your office overnight. Prepare your savings or checking deposit slip and drop them off in our night depository. Sign up at any Mechanics Bank office for this service.



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Richmond \*3170 Hilltop Mall Road, 9th and Macdonald. 22nd and Macdonald. \*42nd and Macdonald. San Pablo 14330 San Pablo Avenue. Albany Washington & San Pablo. El Sobrante \*3884 San Pablo Dam Road. Pinole \*795 Fernandez El Cerrito \*Fairmount and San Pablo. 250 El Cerrito Plaza. \*Denotes Mechanical Banker



# CLASSIFIED

## ADVERTISING

### 237-1111

#### Classified Ad Line

Open To Serve You: 8:30-5:00 p.m. Monday-Friday

**Advertising Policy:** The Publisher reserves the right to revise, reject or reclassify any advertisement. Please, read your ad carefully the first day it is printed. North Bay Newspapers will not be responsible for more than 1 incorrect insertion of any classified ad or for errors not clearly affecting the value of the ad.

**Deadlines:** Classified liners are taken up until 5 p.m. for publication in the following day's paper. Classified display ads are due by noon 2 full days prior to publication. Display advertisements for THE SUNDAY PAPER are due by noon Thursday.

**LOST 010**  
PURSE: Black leather, 4th & Carlin, Richmond. 237-7048.  
DWARF MCCAW, lost 1/2 male, 4/10. Red. 758-8129.  
GOLDEN Lab, female, 2 yrs. "Rose". Brown collar. N. Plinio, white. 724-0519 aft 3 p.m.  
Reward for return of 1 lb., white male Maltese puppy, lost March 28, Claremont area. 652-8494 or 642-5335.

**FOUND 011**  
PUPPY, 8 wks, male, Lab mix. Black, white markings. San Pablo & Columbia. Ec. 524-4551.  
POINTER, female, recent puppy. Dwight & Berk. Owner identify. 645-8825.  
2 German Shepherds. Call to identify. 236-8452.

**PARAKEET 4/1, Green, Causa Circle, Berk. 652-8825.**  
**PERSONALS 025**  
FREE Pregnancy Screening, Abortion Services, Oakland Feminist Health Center, 444-5676. Every Woman's Clinic in Pleasant Hill, 252-7900.

**Spiritual Psychic**  
Gifted powers. I give advice on love, marriage & business. Break evil links & bad luck. 763-8588 \$2.00.  
WOMEN! How much do you know about birth control? Have you ever heard of a Cervical Cap? Available at 15 Bay Area clinics. For information call 444-5676 or 652-7900.

**BUSINESS PERSONALS 035**  
**DIVORCE HELP**  
LOW-COST SERVICE  
EYES & WNDWS \$40-UP  
Restraining Orders \$45  
US San Pablo, Albany  
526-5651

**SPECIAL NOTICES 037**  
**RENO BUS TOUR**  
Daily Departure  
Call DINO TOURS  
El Cerrito 527-2175  
HERE'S a quick and easy way to pay your hands on some cash. Advertise items you no longer need in Classified. Call 237-1111.

**AVIATION MECHANIC/PILOT TRAINEE**  
HS GRAD. Age 18-34. No experience required, will train. Good pay, excellent benefits, educ. fund. ARMY enlistment. Call weekdays, 10 am to 5 pm. 232-5466.

**BOOKKEEPER**, full charge, for office supply co., computer exp. helpful. Send resume 48 Shattuck Square, Box 10, Berkeley, CA 94704.

**DATA COMMUNICATIONS TRAINEE**  
HS GRAD. Age 17-34. No experience required, will train. Good pay, excellent benefits, educ. fund. 3 or 4 year enlistment. ARMY. Call weekdays 10 am to 5 pm. 232-5466.

**DENTAL ASSIST.** Full time exp. X-Ray lic. Salary. 222-1441.

**TECHNICAL AGENCY**  
Experienced & trained. Apply 8:00 a.m. to 1:00 p.m., Tuesday, April 12 at 1698 University Ave., Berkeley.

**YOUTH EMPLOYMENT PROGRAM**  
Contra Costa County Office of Education is seeking qualified applicants for the following temporary positions in the summer youth employment program:  
**OFFICE ASSISTANT III** (5 positions)  
Perform a wide range of highly responsible clerical functions. Must type 65 wpm. \$40 hrs per week. \$7.05 per hr.  
**YOUTH EMPLOYMENT TECHNICIAN** (17 positions)  
Perform a variety of services for youth enrolled in programs, including recruitment, developing temporary summer jobs, providing assessment & counseling services. 1 yr paid experience in manpower programs, teaching, counseling, personnel or training programs. Youth group leadership desirable. \$6.99 per hr.

For applications contact: Personnel Office, 75 Santa Barbara Road, Pleasant Hill, CA 94523 (944-3387) by 5:00, Monday, April 18

#### HELP WANTED 060

**PIZZA DELIVERY**  
Drivers must be 18 yrs. Good driving record, use own car w/min. insurance req. Min. wage plus delivery charge plus tips. Apply at Red Vest, 2390 Mission Bell Dr. S.P.

**SURVEYOR TRAINEE**  
HS Grad. Age 17-34. No experience required, will train. Good pay, excel. benefits, education fund, 3 or 4 year enlistment. ARMY. Call Weekdays 10 am to 5 pm. 232-5466.

**WAITRESS WANTED.**  
Part or full-time. Albany. 525-4489.

**TEMPORARY OR PART TIME 065**  
**BOOKKEEPER**  
Part-time. Dental office 527-7933

**CONSULTANTS** needed, parttime; earn \$15-\$20 hr. Choose your hours. Be your own boss. Call for an interview now. 233-4559. Not Amway.

**NURSING ASSIST.** part time on call. Exper. nec. certification preferred. Avail all shifts. Apply Shields & Terrell, 1919 Cluffing Blvd, Rich.

**RECEPTIONIST** wanted for El Cerrito Beauty Salon. Part to full time. 527-2920

**RECREATION SPECIALIST** Senior programs. Develop and co-ordinate programs for senior citizens. Some exper. preferred. 12-15 hours week. \$3.82-\$4.60 hr. Apply by April 22, 1983. Personnel Office, City of San Pablo, #1 Alvarado Square.

**SALES person—part time**, incl. charge. Experienced pref. Apply in person only to: Bead-zed Hilltop Mall. Ask for Linda.

**SECRETARY**. Immediately needed for 6 month assignment in local area. Call 835-4455

**SHIPPING-RECEIVING** Part-time, light work, benefits, need car to commute. Send height, weight, telephone & information to: P.O. Box 568 El Cerrito 94530

**WAITRESSES** Plus help. Apply in person b/w 9-11 morns. Tues-Fri. 3721 San Pablo Dam Rd. El Sobrante

**SALES HELP WANTED 070**  
SALES. Outdoors. Merchants promotion, high commission. Part time. Apply in person. 12425 San Pablo Ave Ste B, Rich

**WORK WANTED 075**  
BABY SITTING week-days, Tara Hills. Spanish speaking. 724-0291.

**BERKELEY High School** students available for part time work  
**CAREER CENTER** 644-6190

**PRACTICAL Nurse** 13 yrs exper. home care. Familiar w/physical & emotional needs of terminal & Geriatric patients. Total patient care. Also therapy when needed. Special diets. Exclnt. local refs. Hourly/weekly. 525-6948

**HOME IMPROVEMENTS**  
Experienced carpentry work. Room additions & kitchen remodeling. Lic#16754. Assist in financing. Free estimate. Cecil L. Price, builder

**JIM HART CONST.**  
Quality-Reliability Lic#358399. 527-2016

#### DOMESTICS 085

**BABYSITTER** need Mon-Fri. 7:30-5:30. In San Pablo. 232-4237

**PERM.** Part time job, housekeeping & child care. Tues, Wed, Thurs 6-9 pm. Must have own trans & be mature adult. No applicants considered w/out adequate refs. 841-4500 ext 430

**MUSICAL INSTRUMENTS 455**  
**PIANO UPRIGHT**  
Great for practice Good tone. \$300. 525-6388.

**PETS & SUPPLIES 460**  
LAB Pups, AKC, yellow & black. Show back ground. Good hunting. \$50-\$150. 232-8703

**COCKATEILS** 2 young male, named, \$30 each; 1 parrot cage, like new \$40 or all \$80. 234-1449.

**NONDAYCONUR (Parrot)**  
with large cage, \$60 Call 234-0718

**MISCELLANEOUS FOR SALE 490**  
LAB Pups, AKC, yellow & black. Show back ground. Good hunting. \$50-\$150. 232-8703

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#### PETS & SUPPLIES 460

**AUSTRALIAN Shep.** purebred, excit watch-dogs. Spring cleaning sale. \$50 ea. neg. 758-3427

**CARPETS, DRAPES AND HOME FURNISHINGS 475**  
**BUNK BEDS:** sturdy, incl. mattress and ladder. \$159. Aaron's 653-4706.

**MATTRESS sets:** firm, clean, sanitized. Twins \$39. Doubles \$59. Queens \$89. Also Serta & Simmons. 653-4706.

**WATERBEDS:** unfilled, \$143. Padded, stained, rustic. \$169 ea. W/bookcase headboard. \$199. Over 50 styles. Mattress pads, \$12. Sheets, \$25. Heaters, \$39. Mattresses, \$35. Dreamweaver, \$69. Dinettes, \$49. Sofa & Love, \$199. 5 piece bdrm set, \$89. Mattresses: twin, \$24; full, \$34; queen, \$44. 3 rooms furn., \$599 save \$300; \$21.60/mo. A/I's, 721 Tennessee, Vallejo. (707) 646-1813.

**MISCELLANEOUS FOR SALE 490**  
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#### GARAGE-YARD-RUMMAGE SALES-AUCTIONS 485

**MOVING SALE** of yard & equip. 434 Clayton Ave EC. 9-4 Tues & Wed

**AMS Flea Market.** Sat. 4-16. 9:30-3:30. Middle School Cafeteria, 1000 Jackson St. Albany.

**FLEA MARKET.** Every Fri., Sat & Sun. 7 to 4. Cortese Warehouse, 121-23rd, Richmond.

**GARAGE SALE:** moving must sell; lumber, pipe fittings; Cad Eldorado '70, \$650 or best offer. You name it! 230 3rd St., Rich. Sat. Sun. 9-5.

**ADAMS & ADAMS** Closing Charming English home. Selling entire household. Country French Furn., 30's retan furn. & bdrm set, oriental rug, antique silver, China & much more. Evening only in mint cond. Open 10-3 April 16th & 17th. 39 Bowles Place off Sunnyside, Oak. nr. Piedmont border. 527-7264

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#### GARAGE-YARD-RUMMAGE SALES-AUCTIONS 485

**LG ESTATE SALE**  
3002 Giant Rd. S.P. April 16th, 8 am. 232-1005

**MISCELLANEOUS FOR SALE 490**  
LAB Pups, AKC, yellow & black. Show back ground. Good hunting. \$50-\$150. 232-8703

**HOSPITAL EQUIPMENT.** Reasonable prices. Call 529-1742

**2 mattress, box springs & frame, like new, 3/4 \$75. Full \$100. 524-7380**

**TORNADO futsal table** \$200 or offer. 758-0351 10-4. Unused.

**WASHER, dryer, \$125 ea. 2 refrigs \$150 & \$450. Kingsize bdrm set \$200. Exclnt. 232-1235**

**4 REBUILT** Evans & Jennings Wheelchairs \$100-\$300 ea 235-3538

**DYNASTAR Pësar 180's** Syrolite Markman binding poles case \$75. 9/2 Lang Boats \$50. 527-7264

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#### MISCELLANEOUS FOR SALE 490

**REDWOOD PATIO FURNITURE** new 6 piece set, \$95 or 4 piece set \$65. Delivery incl. 825-7297

**NEW 8 ft. 6 compartment** service box for Chev. or GMC. \$1100 offer. 529-2635 or 758-7610

**VELVET COUCH** and love seat, high arms, dark burgundy, 1 yr old. \$350. 234-0897.

**MOUNTED sailfish, \$350;** extra long twin beds, \$50 ea; mini trampoline. Best offer. 232-0534.

**Better clothes-Better** prices wools, silk cottons lins \$20-\$60 home showing arranged Helen 451-9710

**3 M VQC III Copier** with paper, dry powder. Working order. Best offer. Call 9-12 noon. 724-1652.

**MATTRESS/box spring.** Sleeper design. Serta. Factory irregulars 40% to 60% off. Aarons' 653-4706

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#### MISCELLANEOUS FOR SALE 490

**MATTRESS sets.** Unused 20 yr warranty designed by Cal. Chiropractor Assoc. Queen-value \$780; now \$299. Other sizes avail. 653-4706

**GRAND OPENING** April 10, 1983  
**FLEA MARKET**  
Every Sat. Sun. 7-4 p.m. Coliseum Drive-in Movie Nr Oak. Coliseum. Hwy 17 Reserve now. 543-3886

**APPLIANCES 492**  
**KIRBY Vacuum cleaner,** excnt condition, must sell. \$150. 234-1887.

**WASHER \$100.** Refrigerator, frost free, \$175. 222-3852 deliver

**RECONDITIONED HOME APPLIANCES**  
Completely guaran. Terms. Free delivery. Since 1934. WICK'S APPLIANCES 2617 Shattuck, Berkeley 549-0900

**MISCELLANEOUS FOR SALE 490**  
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LAB Pups, AKC, yellow & black. Show back ground.



## Jacoby on Bridge

|               |             |
|---------------|-------------|
| NORTH 4-12-83 |             |
| ♦ A 9 8 5     | ♦ Q 4 3     |
| ♥ K Q J 5     | ♥ 9 7 2     |
| ♦ 4 2         | ♦ J 10 8 3  |
| ♦ 7 5 3       | ♦ J 10 6    |
| EAST          |             |
| ♦ J 6         | ♦ Q 4 3     |
| ♥ A 8 6 3     | ♥ 9 7 2     |
| ♦ Q 7         | ♦ J 10 8 3  |
| ♦ A Q 9 8 2   | ♦ J 10 6    |
| SOUTH         |             |
| ♦ K 10 7 2    | ♦ 10 4      |
| ♥ 10 4        | ♥ A K 9 6 5 |
| ♦ K 4         | ♦ K 4       |

Vulnerable: Both  
Dealer: South

West North East South

Pass 1♥ Pass 1♠

Pass 3♠ Pass 1♣

Pass Pass Pass

Opening lead: ♥3

By Oswald Jacoby and James Jacoby

North's one-heart response followed the principle of bidding four-card suits up the line at the one level. Then when South rebid one

spade North stretched a trifle and jumped to three spades. That jump raise was not forcing in his system, but it was highly invitational and South was strong enough to bid game happily.

West had a tough lead to make and finally came up with the three of hearts.

South won with his 10 and led the suit back. West took his ace, and with nothing better to do, led a third heart. South won in dummy and discarded a low club. From then on it was a routine matter for South to collect 10 tricks and a nice rubber bonus.

It was a lucky game to make. South needed to find suits breaking nicely and the ace of hearts in the West hand.

The hand was also a triumph of up-the-line bidding. Had North responded with one spade South would have raised spades immediately and whether or not the game was arrived at East would be on lead.

His normal jack of clubs opening would give the defense two clubs, the ace of hearts and a trump for enough tricks to set North's game had he bid it. (NEWSPAPER ENTERPRISE ASSN.)

## ALBANY 525 ALBANY 525

### LOOK TO THE LEADERS

**ALBANY HILL.** You better check out this cozy 2 bedroom with fireplace. Great location, near So-lano, very convenient. Property includes work-shop, off street parking and a green house win-dow in kitchen. E-Z terms. G-5. 524-8555.

**SUPERB RANCH STYLE—El Cerrito.** Great bay view. Features 3 spacious bedrooms, floor to ceiling brick fireplace in living room, double at-tached garage. Call today to view. G-5. 232-0281.

**LARGE DELUXE CUSTOM BUILT—El So-brante.** Formal dining room, family room with fireplace, den, sunken living room with fire-place, 4 bedrooms, large kitchen, eating space, island. G-7. 232-7600.

**SUNSTREAM HOME—Hercules.** Large home, 3 bedrooms, 2 baths. Calif. Ranch style with 2 car garage. All offers will be considered. G-8. 724-2400.

**COZY & COMFORTABLE—Pinole.** 3 bedroom, 2 bath home with secluded yard. Fully land-scaped, ready to move in. G-9. 724-2400.

**FINANCING AVAILABLE—Pinole.** 2 bedroom condo in good area. Clean for only \$60, 500. Call for details. G-10. 223-4441.

**UNDER-PRICED—Pinole.** Needs a quick sale. Bay view, very plush carpets, 3 bedrooms. Only 6 months young. Air conditioning and garage opener to be installed. G-11. 724-2400.

**MARINE VIEW—Pt. Richmond.** Secluded 2 bedroom home, excellent condition. Very nice deck with expansion potential. G-12. 527-3303.

**SHARP STARTER HOME—Richmond.** Sellers will consider FHA/VA financing. Very nice 2 bedroom home with many extras. Make an offer. G-13. 223-4441.

**GOOD FINANCING—Richmond.** Owners very motivated on this 2 bedroom home in very nice area. G-14. 222-2722.

**LARGE PRICE REDUCTION—Richmond.** Over \$10,000. Owners very anxious to sell this 4 bedroom, 2½ bath, 2 story home. Call today, won't last at this price. G-15. 232-0281.

**N & E LOCATION—Richmond.** Need this one sold. Owners are willing to negotiate. Sharp 2 bedroom. Asking only \$78,500. Available terms. G-17. 232-7600.

**DON'T DRIVE BY.** Make an appointment to see this charming 3 bedroom, 2 bath home. Cathed-ral ceiling, formal dining, master bedroom suite. Many amenities. G-18. 232-0281.

**EXCELLENT AREA.** Well cared for home just right for a young family. Features 2 bedrooms, large yard with covered patio. Move-in condi-tion. G-19. 232-7600.

**LOW DOWN—San Pablo.** Approx. \$1,250 down will get you into this 3 bedroom home. Located near schools and shopping. Call for information. G-20. 223-4441.

**BEST PRICE—San Pablo.** Best home in area. Immaculate 3 bedroom in convenient location. Very spacious rooms. G-21. 223-7272.

## BOATS AND SUPPLIES 510

8 ft. SABOT SAILBOAT  
New Sail. \$475.  
Gino 444-0504/236-8863

## ALBANY 525

**\$74,500**  
OPEN SUN. 3-5  
1112 Evelyn. \$15,000 dn. 2  
bdrm. 841-5001 days.

## BERKELEY 530

8th St. Sunny, 4 bdrm, 2  
bath, big yd, needs some  
work \$79,500. 707-674-3882

## TO THE POINT

BERK. Just listed 3 bdrm +  
in-law. Tudor in  
Thousand Oaks \$240,000.

BERK. 3 bedroom, 2 bath  
nr Tilden \$167,000  
ALB. Duplex spacious 1  
bdroom units \$130,000

ALB. Need tax shelter? 4  
unit building \$215,000.  
Call us  
ALB. Lot build your own  
dream. Have plans.  
\$29,000

KENS. 3 bdrm... Bay  
view \$155,000  
EC. Just listed, 4 bdrm,  
2 bath. Bay view Im-m  
mediate Occupancy  
\$170,000

RICH. 2 bedroom shingle,  
estate sale \$58,000  
RICH. 2 bedroom Coop  
aprt \$27,000  
SP. Cottage... \$35,000

EVENINGS CALL  
Ingrid 527-4597  
Margie 525-5288  
Elson 526-0569  
Walt 843-3027  
Norm 524-7112

## NORM WILLIAMS

Realtor 524-2303

## ALBANY 525

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## BERKELEY 530

So. Berk-5 bdrm, 2 story;  
70% burned. Best offer  
over \$40,000. 526-6401.

BY OWNER: Bay View  
home on Cragmont, 4  
bdrm, in-law apt, garden,  
decks. \$250,000. 549-1676  
Tue/Sat 11-5:30.

BY OWNER: Elmwood  
Brown Shingle Duplex. 2  
lg. flats plus garden stu-dio. Big yard, fruit trees.  
\$155,000. 549-1676  
Tue/Sat 11-5:30

## EL CERRITO 570

**EXECUTIVE SUITE**  
Prime location. Huge liv-ing room, rumpus room,  
master bedroom, big 3  
story. Lovely tile baths,  
parklike yard and much  
more! \$129,724-6100.

**PRICED RIGHT**  
Charming EC home with  
3 bedrooms, 2 baths, for-mal dining, spacious liv-ing room with fireplace, 2  
car garage. Prime loca-tion. Only \$125,000. \$105,  
724-6100.

## Security Pacific

Real Estate Brokerage

## EL SOBRANTE 575

## Bay View

Beautiful view of S.F.  
Bay from the living rm of  
this Richmond View  
home. Lots of Privacy. 4  
bedrms. Owner will sell  
FHA/VA. This is a real  
bargain. Call for details.

## Cleanest, Sharpest

Exceptional 3 bdrm, 2  
bath. Near Pinole. Interi-  
or decor will please any-one's taste. Features in-clude fireplace, dining area, new carpets, fully  
landscaped, level yard.  
Take over existing GI  
loan. Call now.

## SELECT

REALTORS  
222-4448

## HERCULES 590

**Nicely Appointed**  
Extra sharp 4 bdrm Her-cules home offered for  
sale by a transferred  
owner. Interior furnish-ings all upgraded & kept  
neat as a pin. Price re-duced to \$124,500 for  
Fast Sale! Call Now!

## Depot Real Estate

758-9700

## PINOLE 635

**EASY LIVING**  
Call today on this neat 3  
bdrm Townhome in  
woodsy area. Built-in  
appliances, fireplace & pool.  
Low down payment avail.  
Priced low to sell fast.  
Depot Real Estate  
758-9700

## HERCULES 590

**EL SOBRANTE.** #665. Great horse set-up! Ap-prox 1/2 acre, 3 bdrms, deluxe kitchen, family  
room, landscaped yard, 758-8050.

**HERCULES.** #715. Cheerful 3 bdrm, 2 bath  
ranch style. Frnt lovely in-ground pool, large  
patio, landscaped yard, 758-8050.

**PINOLE.** #493. Neat & clean 3 bdrm, 2 bath,  
frnt dining "L", lovely hardwood floors, family  
room, large yard with well, garden, covered  
patio. 232-1462.

**RICHMOND.** #637. Ideal N & E location, near  
shopping, transp. 3 bdrm stucco, formal dining,  
frnt patio. Call for details, 232-1462.

**RODEO.** #490. Immaculate 3 bdrm, 2 bath con-temporary, tastefully decorated, Central heat,  
frnt, 758-8050.

## EL SOBRANTE 575

GREAT buy on this large  
four bedroom, two bath  
home, plus family  
room. Maximum secu-sion for back yard en-joyment. Plenty of deck  
and trees. An ultimate  
for the large family.  
#492. PRIME PROP-  
ERTIES. 222-5602.

## El Sobrante

**Ranchette**  
Cozy 2 bdrm in rustic set-ting. Lot of privacy.  
Features include, fire-place, insulation, dining  
room, off street park-ing plus much more. Priced  
to sell FHA or VA. Call to  
see.

## Best Financing

Large 3 story home in  
Pinole's Silverridge  
neighborhood. Excellent  
condition, a large bed-room, 2 full baths. Con-venient  
location. Seller will fi-nance 1st at attractive  
rate and terms. Call for  
details.

## Bay View

Beautiful view of S.F.  
Bay from the living rm of  
this Richmond View  
home. Lots of Privacy. 4  
bedrms. Owner will sell  
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**EASY LIVING**  
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## Astro-graph

If your birthday is Wednesday, April 13, 1983, the coming year, the achievement of one wish will be all the others. It will be a very successful year.

## ARIES (March 21-April 19)

Someone with whom you're quite friendly will stick to it and don't yield to self-doubt. It's a wishy-washy, the results will reflect it.

## TAURUS (April 20-May 20)

Once you decide upon a course of action, stick to it and don't yield to self-doubt. It's a wishy-washy, the results will reflect it.

## GEMINI (May 21-June 21)

There's a possibility complications may arise today among friends with whom you may have been in touch. Try to avoid taking sides.

## CANCER (June 22-July 22)

If a misunderstanding arises today with whom you feel is a valuable contact, try to resolve it once or the child could last for days.

## LEO (July 23-Aug. 22)

Get in touch with the parties concerned who are delinquent in any of your obligations. Work with you if they know you're trying.

## VIRGO (Aug. 23-Sept. 22)

Beautiful view of S.F. Bay from the living rm of this Richmond View home. Lots of Privacy. 4 bedrms. Owner will sell FHA/VA. This is a real bargain. Call for details.

## LIBRA (Sept. 23-Oct. 22)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## SCORPIO (Oct. 23-Nov. 22)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## SAGITTARIUS (Nov. 23-Dec. 22)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## CAPRICORN (Dec. 23-Jan. 19)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## AQUARIUS (Jan. 20-Feb. 19)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## PISCES (Feb. 20-March 20)

Accept the fact that what you're working on today, but it might not be in accord with your own. Do what brings you honor, not gain.

## GIVE AWAY

By Owner. 1906 Chanslor Ave. No need to qualify. 222-7538 aft 6 pm.

## BY OWNER-\$75,000

2 bdrm., dining room, frnt., aluminum win-dows, new roof, tiled shower, backyard, de-tached garage. 222-6258.

## SMALL & COZY

1 plus bdms, 1 bath, \$39,000. Call EDWARD KING Broker 236-1673

## MIRA VISTA

Sunny 3 bdrm home with formal room, lots of un-usual features. Ready to move in. Only \$119,000. Call ARDIS AR



**Word puzzle**

ACROSS  
42 College  
44 Recent (prefix)  
45 Heaven (Ger)  
50 Learn  
54 Night before a  
holiday  
55 Liquefy  
56 Unemployed  
57 Novel  
58 Electric fish  
59 Auctioneer's  
word  
60 Stop

DOWN  
1 David Copper-  
field villain  
2 Lawyer's  
patron saint  
3 Boy  
4 Swaps  
5 Sentence fault  
6 Kind  
7 Hawaiian  
8 Besides (2  
wds.)  
9 Greek letter  
10 Annuity  
11 Author of  
"The Raven"

Answer to Previous Puzzle

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| N | N | R | I | P | S | A | S | I |
| E | A | R | I | S | E | E | N | I |
| R | O | N | E | D | A | R | T | A |
| E | N | E | O | A | L | I | S |   |
| O | O | O | O | O | O | O | O |   |
| A | L | A | N | S | U | R | G | E |
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| A | R | I | S | A | C | L | N | H |
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17 Goad (2 wds.)  
19 American  
22 Catchword  
24 Irish  
25 Diminutive  
26 Species of  
27 Colored band  
28 Objects of  
29 worship  
30 Parties  
31 Source of  
32 Three (prefix)  
33 Speak  
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**APTS FOR RENT**

**UNFURNISHED 785**  
RICH studio, parking \$200  
1 bdrm, new carpets \$225  
2 bdrm, parking, \$400-525  
2 bdrm, balc, garage \$300  
HOMEFINDER 232-1515  
1284 San Pablo, Rich.

RICH studio sec. 8, \$215  
1 bdrm pking new cpl \$225  
2 bdrm, parking, \$400-525  
SP 1 bd pking cpl pet \$250  
SP 2 bdrm laun balc \$315  
2 bdrm, garage, view, gar-  
age, new carpet, \$495  
ALB 2 bdrm, carpet, pool, shops, transp \$495  
236-7575, Rent-A-Home  
4418 Macdonald, Rich.

RICH, 2 bedroom apt.  
Stove, refrigerator, \$325  
plus utilities, \$31-3441.  
RICH, 1 bdrm, modern,  
carport, Nr. Hilltop  
Map, \$300, 233-5369  
RICH 2 bdrms, 1 bath,  
view, ref, \$450  
sec. Owner agent Carolyn  
232-6700  
ROD, 2 bdrm \$375 & 2-1  
bdrms \$325 ea. 5 stu-  
dios, \$275 ea. Water  
garage, stove, rugs  
drapes furn. cleaning  
dep. 1st, last, 799-6086.  
ROD, Townhouse, 2  
bdrm, 1 1/2 bath, carpet,  
drapes, A/E, view, gar-  
age, water-garage pd,  
no pets, 1 child, \$470-  
\$495.  
3 bdrm, 2 children, \$580.  
799-3731, 799-2816  
SP \$385-5 bdrm., appli-  
ances, water & garage  
pd. Seniors or working  
persons pref. No pets.  
232-9320.  
SP 1 bdrm. W/W carpets,  
stove, Good area. \$300.  
Jaime, 222-5782, agt.  
SP 2 bdrm: stove, ref, wa-  
ter & garage pd. 1  
child up to 18 mos. No  
pets. \$350 plus dep. Call  
236-8319, 9 am-5 pm.  
SP 2 bdrm., \$325, 1st., \$400  
deposit. No pet. Refs. 1  
year lease. 527-7874.  
SP 2000 Stanton, 2 bdrm, 1  
bath, \$400 mo. 1st, last  
\$150 sec. Tracy 232-5602  
SP 3 bdrm apt. Carpets,  
drapes, appt. Clean.  
\$450, 234-0209  
SP 3 bdrm. carpets, A/E,  
storage rm, water-gar-  
age paid, \$400, 235-8797  
SP large 2 bdrm. W/W  
carpets, Nice area. \$370.  
Jaime, 222-5782, agt.  
SP Upper lg. 2 bdrm, near  
trans, onsite manager.  
\$380 plus dep. 235-7379  
SP 2 bdrm, stove,  
refrig., carpeting, park-  
ing, \$425, 233-2077

**BERKELEY CONNECTION**  
Covering East Bay  
Studios, 1, 2 & 3 bdrms  
FLATS-PLEXES-APTS  
Personal Service  
845-7821

**LOCATORS**  
Looking for a place to  
rent? Come directly to  
LOCATORS & save some  
time.  
1713 Dwight Way, 2 bdrm,  
good location, \$419 mo.  
1919 Curtis, 2 bdrm, sec.  
bldg, fric, view, \$400  
845-8478

**BERK hills, la living rm,**  
fric, bdrm, laundry  
\$600, Call eves 848-8010  
BERK studio, \$295  
1 bdrm, parking, \$330  
2 bdrm, pkr, carpets \$400  
873-9971 Rent-A-Home  
BERK studio, all utilities  
2 bdrm, carport, yd \$350  
2 bdrm, Elmwood \$342  
1 bdrm, den, hills, \$445  
2 bdrm, Walnut St \$515  
839-6644 HOMEFINDERs  
BERK, 1 bdrm, sundeck,  
w-w carpet, fric, view,  
smoker, Elmwood,  
\$490, 1st, 893-1515  
EC 2 bdrm DUPLEX,  
Sharp, Quiet, Nr. BART.  
Stove, ref, garage,  
\$475, Agt. 233-3103  
EC 2 bdrm., \$415, Near  
AC, BART, Refrig.,  
stove, rugs, 254-5811.  
EC 3 bdrm., patio, A/E,  
nr EC Plaza & BART.  
Quiet. \$550, 232-1858.  
EC studio; \$285 per mo.,  
1st., last, \$100 sec.  
232-2175.  
EC studio, balc, view \$225  
2 bdrm, carport, yd \$350  
2 bdrm, garage, patio \$495  
HOMEFINDERs 232-1515  
1284 San Pablo, Rich

**BERKELEY CONNECTION**  
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Studios, 1, 2 & 3 bdrms  
HOUSES-COTTAGES  
Personal Service  
845-7821  
BERK cottage, \$455  
2 bedroom, yard \$450  
2 bdrm, A/E, fric, \$600  
839-6644 HOMEFINDERs  
BERK victorian farm-  
house; 3-bdrm, fric.,  
carpet, view, \$510  
deck, yard, \$875/lease.  
549-3775 eves. 1334  
Kains, show Sat., 4/16,  
11:00 A.M. ONLY.  
BERK, 2 bdrm, 1 bath  
sunny Victorian, hard-  
wood floors, yd, immac-  
ulate, deck, no pets.  
\$880, 843-7073  
BERK hills, spectacular  
view, 3 bdrms, 1 1/2 bath,  
Sun, trees,  
prv, \$1240, 525-0468  
CROC, 2 bdrm, 1 bath,  
older home, \$500, 1st,  
last incl PG&E, Avail-  
able May 1, 724-6687  
EC 2 bdrm + yd, garage,  
view, \$510  
2 bdrm, fric, yd, garage,  
bayview, nice \$525  
2 bdrm + fenced yd, ga-  
rage, view, \$550  
3 bdrm, fric, A/E, ga-  
rage, patio, den fric \$750  
3 bdrm, 2 bath, A/E,  
fric, garage, view, din-  
ing rm, pets, yd \$790  
3 bdrm, 2 bath, fric, ga-  
rage, A/E, view, din-  
ing rm, hokup, yd \$795  
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HOMEFINDERs 232-1515  
1284 San Pablo, Rich

**HOUSES FOR RENT**

**UNFURNISHED 800**  
ES 3 bdrm, 2 bath home  
includes stove, ref, fric.  
\$625, Dumont Co.  
232-2426.  
ES MINUTE EXECUTIVE!  
3 bedroom 2 bath garage  
place, unique price, \$650.  
3 bedroom CONDO \$545.  
No pets! 232-1008

NEW townhomes for  
lease, 2 car garage, 2  
bdrms, 1 1/2 bath, \$550  
3 bdrms, 2 baths, \$650,  
Pacific Bay Real Estate  
232-1700, mon.-fri, 12-5.  
ES WHITE CLIFF 3  
bdrm, 2 bath AEK, double  
sided, \$650 plus dep. \$55  
\$500 sec. Avail. 5/1. Call  
aft. 4pm 235-4888  
ES, 3 bdrm, 1 bath, car-  
pets, drapes, stove, ref,  
dishwasher, fric, yd, \$550  
\$400; dep. 232-6047  
HERC 3 bdrm, 2 bath,  
fric, garage, AEK \$650  
3 bdrm, 2 bath, fric, din-  
ing rm, AEK, yd, \$660  
4 bdrm, 2 bath, din, fric,  
4 bdrm, 3 bath, fric, AEK,  
fric, din, fric, AEK, yd, \$660  
HOMEFINDERs 232-1515  
1284 San Pablo, Rich

HERC 4 bdrm, 2 1/2 bath,  
includes stove, ref, fric.  
\$775 per mo. Dumont Co.  
232-2426.  
KENS 2 bedroom, garage,  
pets \$775  
839-6644 HOMEFINDERs  
PIN 2 bdrm, garage, yd,  
view, quiet, safe \$625  
HOMEFINDERs 232-1515  
1284 San Pablo, Rich  
PIN sharp 2 bdrm: Large  
kitchen, laundry rm, gar-  
age, pvt yd, quiet area.  
\$600, 222-3178  
days: 223-5667 after 5  
RICH 1 bdrm, garage, yd,  
washer, carpets, \$325  
1 bdrm, remodeler, AEK  
garage, hookup \$330  
2 bdrm, den, util, yd, rem-  
odeler, AEK, \$445  
2 bdrm, garage, yd, rem-  
odeler, AEK, hookup \$425  
2 bdrm, AEK, util, rm, ga-  
rage \$450  
3 bdrm, 1 1/2 bath, yd, ga-  
rage, sec 8, \$475  
3 bdrm, fric, yd, AEK,  
garage, patio, \$500  
3 bdrm, 2 bath, AEK,  
fric, annex, din \$550  
4 bdrm, 2 bath, din, util,  
rm, washer, dryer \$575  
HOMEFINDERs 232-1515  
1284 San Pablo, Rich  
RICH 4 bdrm, 1 bath,  
available April 15, \$700  
mo. 1st, last, 1/2 mo. sec.  
222-1244, 223-3333 Sheila  
RICH NE 2 bdrm, 1 bath,  
Woodrow Wilson school  
dist. Fenced yard, \$500,  
Doris 222-1133  
RICH, 2 bdrm choice  
area, stove, ref, car-  
pet, drapes, fric, yd, \$550  
\$450, 234-0209  
RICH, 992 McLaughlin  
Brand new, 2 bdrm 1 bath  
carpets, stove, ref, fric.  
\$550, 1st, last, \$550 sec.  
avail now, Traci 222-5602  
RICH, Immac. 2 bdrm, 1  
bik off Arlington, no  
pets. \$595 incl water.  
232-3178  
RICH, 2 bdrm, 1 bath, ga-  
rage, fenced, new paint  
& carpet, with mate, \$525,  
stove, no pets, \$450 plus  
dep. 232-1633 eves.  
RODO  
Large 2 bdrm, 1 bath, full  
basement, clean, 799-7086  
aft 5 p.m.  
SP 1 bdrm fric.,  
washer/dryer \$375  
Rich 2 bdrm, din fric \$370  
2 bdrm, laund, fric \$300  
Annex 3 bdrm fric \$500  
2 bdrm, new, cpl \$440  
ES 3 bdrm pool cpl \$450  
3 bdrm pool cpl \$545  
236-7575 Rent-A-Home  
SP 1 bdrm: nice loc nr  
bus/BART, Stove, ref, fric.  
Fenced, \$260 + cleaning,  
security dep. 232-6161  
SP Rollingwood 3 bdrm,  
new paint, carpet, garage  
& fenced, \$535 mo.  
799-2185  
VALLEJO 3 bdrm, double  
garage, fenced yd, \$550.  
Poss. option to buy.  
600-2985, 799-5005 aft. 3  
& weekends.

**CONDOS FOR RENT**  
**UNFURNISHED 810**  
EC 2 bdrm, 2 full baths,  
fric, 1 1/2 block BART.  
\$675 incl, water, gar-  
age, outside maint.  
232-1133  
ES 1 bdrm CONDO, West-  
wood Oaks, Pool, \$425.  
De Anza Real Estate,  
232-7171; eves. 232-9754.  
ES 3 bdrm, 1 1/2 bath  
Avail now, 509 Dam Rd  
\$550 mo. 1st, last, sec.  
Pool, Call Tracy 232-5602  
SP Rancho San Pablo 2  
bdrm, 2 bath, fric, wa-  
sher, dryer, connections,  
pvt garage, Avail May  
1, \$550, 236-3880.  
TOWNHOUSES FOR RENT  
**UNFURNISHED 820**  
BERK, 1456 Hopkins, 2  
bdrm, townhouse, \$600  
mo. 843-8478.  
ES Lease with option to  
buy, 43 Quail Hill, 3  
bdrm, 2 1/2 bath, \$700 mo.  
1st, last \$500 sec. Tracy  
or Neal/gst 232-5602

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pvt garage, Avail May  
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bdrm, townhouse, \$600  
mo. 843-8478.  
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ES Lease with option to  
buy, 43 Quail Hill, 3  
bdrm, 2 1/2 bath, \$700 mo.  
1st, last \$500 sec. Tracy  
or Neal/gst 232-5602

**CONDOS FOR RENT**  
**UNFURNISHED 810**  
EC 2 bdrm, 2 full baths,  
fric, 1 1/2 block BART.  
\$675 incl, water, gar-  
age, outside maint.  
232-1133  
ES 1 bdrm CONDO, West-  
wood Oaks, Pool, \$425.  
De Anza Real Estate,  
232-7171; eves. 232-9754.  
ES 3 bdrm, 1 1/2 bath  
Avail now, 509 Dam Rd  
\$550 mo. 1st, last, sec.  
Pool, Call Tracy 232-5602  
SP Rancho San Pablo 2  
bdrm, 2 bath, fric, wa-  
sher, dryer, connections,  
pvt garage, Avail May  
1, \$550, 236-3880.  
TOWNHOUSES FOR RENT  
**UNFURNISHED 820**  
BERK, 1456 Hopkins, 2  
bdrm, townhouse, \$600  
mo. 843-8478.  
ES Lease with option to  
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bdrm, 2 1/2 bath, \$700 mo.  
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**CONDOS FOR RENT**  
**UNFURNISHED**



**PARK and SHOP**

Discount Food Markets

**Accept No Substitutes**

THERE IS NO SUBSTITUTE FOR PARK &amp; SHOP MEATS. EVERY PIECE OF LAMB AND BEEF CARRIES THE USDA CHOICE GRADE STAMP... YOUR ASSURANCE OF QUALITY!

**PARK and SHOP HAS THE BIGGEST**

SELECTION OF U.S.D.A. CHOICE MEATS



- ✓ EXCLUSIVELY U.S.D.A. CHOICE BEEF
- ✓ EXCLUSIVELY U.S.D.A. CHOICE LAMB
- ✓ EXCLUSIVELY U.S.D.A. CHOICE VEAL
- ✓ EXCLUSIVELY FRESH CALIFORNIA GROWN FRYERS

99¢  
VALUE**TOILET TISSUE**

COLORTEX



4-PAK

**75¢**
**FRESH MEATY  
FRYER CALIF. GROWN  
LEGS 79¢**  
FOSTER FARMS  
LB.
79¢  
VALUE**LIGHT CHUNK TUNA**

PURE FOODS—IN WATER ONLY



6½-OZ. TIN

**65¢**\$9.99  
VALUE**PAMPERS**

CONVENIENCE PAK



48-60-90 CT.

**\$8.79**\$4.69  
VALUE**COFFEE**

FOLGERS



2-LB. TIN

**\$3.99**

COUPON LIMIT 1 (ADD. \$4.19)

\$2.23  
VALUE**MUFFINS**

THOMAS' ENGLISH 12-PAK



REG. OR SOUR DOUGH

**\$1.69**USDA  
CHOICEUSDA  
CHOICEQUALITY  
GUARANTEEDUSDA  
CHOICEUSDA  
CHOICE**TURKEY  
DRUM  
STICKS**GREAT  
TO  
BAR-B-Q  
BAKE  
OR  
BRAISE  
LB.**39¢**LEG  
OGENUINE  
SPRING  
USDA  
CHOICE  
WHOLE**\$2.29**BEEF  
CHUCK  
STEAKSUSDA  
CHOICE  
CENTER  
CUTS**\$1.79**BONELESS  
SWISS  
STEAKSEXCLUSIVELY  
USDA  
CHOICE  
BEEF  
ROUND**\$2.79**FRESH  
GROUND  
BEEFJUICY  
HAMBURGERS!  
NOT OVER  
30% FAT**\$1.09**LONGACRE  
TURKEY  
FRANKS12-OZ.  
PACKAGE**69¢**FANCY  
SLICED  
BACONJOHN  
MORRELL  
HARDWOOD  
SMOKED**\$1.79**PACIFIC  
RED  
SNAPPERPAN  
READY  
FILLETS**\$2.89**KING  
SALMON  
STEAKSPACIFIC  
OCEAN  
TROLLED**\$3.99**GARLIC SAUSAGES  
OLD FASHION FRANKS  
CLUB FRANKS  
BOCKWURSTGREAT  
FLAVOR!VICTOR  
Gochring Family Styled MeatsTry  
Some  
TodayLB. \$2.29  
LB. \$2.29  
LB. \$1.89  
LB. \$2.49\$3.39  
VALUE**OLIVE OIL**

STAR



24-OZ.

**\$2.79**49¢  
VALUE**MAC. & CHEDDAR**

GOLDEN GRAIN



7½-OZ.

**39¢**61¢  
VALUE**MARGARIN**

PARKAY



LB.-STICK

**55¢**\$11.54  
VALUE**OLIVE OIL**

STAR



101-OZ. TIN

**\$7.99**\$4.69  
VALUE**COFFEE**

YUBAN



2-LB. TIN

**\$4.39**43¢  
VALUE**NAPKINS**

COLORTEX



60-CT. PKG.

**35¢****FRESH EGGS**RANCH PAK  
LARGE GRADE "AA"

DOZEN

**77¢****FARM FRESH PRODUCE****ASPARAGUS**SUPER  
SPECIAL  
LARGE  
GREEN  
SPEARS**79¢****AVOCADOS**SUPER  
SPECIAL  
FUERTE  
LARGE  
SIZE**18¢****TOMATOES**RIPE FIRM  
LARGE SIZELB. **69¢****APPLES**

APPLE-RAMA

EXTRA FANCY WASHINGTON  
RED & GOLDEN DELICIOUS  
OREGON PIPPINS, LARGE SIZELB. **49¢****GRAPEFRUIT**COACHELLA, DR. FORBES  
RUBY REDS5 LB. CELLO BAG **79¢****CARROTS**CLIP  
TOPLB. **19¢****LOW, LOW DAIRY****GRATED PARMESAN CHEESE**KRAFT  
\$2.69 VALUE8-OZ. PKG. **\$2.49****CHILLED ORANGE JUICE**MINUTE MAID  
\$1.09 VALUE32-OZ. CT. **89¢****VELVEETA LOAF**

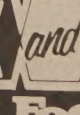
\$2.15 VALUE

LB. PKG. **\$1.89****SLICED SARGENTO CHEESE**MONTEREY JACK/  
SHARP CHEDDAR  
\$1.53-\$1.65 VALUE**\$1.39****LOW, LOW FROZEN****FROZEN ORANGE JUICE**MINUTE MAID  
REG. OR MORE PULP  
\$1.43 VALUE12-OZ. **\$1.19****FROZEN APPLE JUICE**MINUTE MAID  
\$1.08 VALUE12-OZ. **85¢****MINUTE MAID FROZEN ADES**LEMONADE (White or Pink),  
PUNCH 12-OZ.  
85¢ VALUE**65¢****BANQUET FROZEN CHICKEN**STICKS, PATTIES,  
NUGGETS  
\$2.85 VALUE 12-OZ. PKG.**\$2.29****LOW, LOW PRICES****OCEAN SPRAY CRANAPPLE**

\$1.95 VALUE

48-OZ. BTL. **\$1.79****FOLGERS COFFEE CRYSTALS**

\$3.69 VALUE

8-OZ. JAR **\$3.39****HIGH POINT COFFEE**DECAFFEINATED  
\$4.79 VALUE8-OZ. JAR **\$4.29****OROWEAT BREAD**100% Whole Wheat,  
Sprouted Wheat, Natural Grain  
\$1.19 VALUE16-OZ. LOAF **89¢****LOW, LOW LIQUOR**PARK & SHOP  
GIN 80°  
1.75 LITER **\$7.99**JIM BEAM  
WHISKEY 80°  
750 ML. **\$4.99**JULES PERCHARD  
CORDIALS 40°  
750 ML. **\$2.99**WOLF SCHMIDT  
VODKA 80°  
1.75 LITER **\$8.99**JULES PERCHARD  
BRANDY 80°  
750 ML. **\$4.99**OLYMPIA  
BEER REG. OR LIGHT  
12-PAK, 12-OZ. CANS **\$3.99****MOTHER'S COOKIES**Choc. Chip, Choc. Toffee,  
Oatmeal Raisin, Cookie Parade,  
Fudge 'N Chip 18-OZ. BAG**\$1.69****VIDAL SASSOON**SHAMPOO  
\$2.89 VALUE8-OZ. **\$1.99****CHAPSTICK**

95¢ VALUE

1.5-OZ. **59¢****VAN DE KAMP'S**DANISH SWIRLS  
CINNAMON  
\$1.49 VALUE**\$1.29**BANANA CAKE  
MUTTY 1 LAYER  
\$2.29 VALUE**\$2.09****Mary Ellen**

APRICOT JAM 18-OZ. \$1.89 VALUE

**\$1.39**

SEEDLESS BLACKBERRY 18-OZ. \$1.89 VALUE

**\$1.39**

BLACK CHERRY 18-OZ. \$1.89 VALUE

**\$1.39**

BOYSENBERRY 18-OZ. \$1.89 VALUE

**\$1.39**

RED RASPBERRY 18-OZ. \$2.29 VALUE

**\$1.79**

STRAWBERRY 18-OZ. \$1.89 VALUE

**\$1.39****PARK and SHOP**

Discount Food Markets

OUR PRICES SAVE YOU MORE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

1850 SOLANO AVE. • BERKELEY • 2655 TELEGRAPH

Prices Effective Seven Days, Wednesday thru Tuesday

April 19, 1983. No Sales to Dealers